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Learn about the mysteries of the
body at Bodies...the Exhibition while
it's still in town, p. 6

THE CARROLL NEWS

Thursday, September 23, 2010

Serving John Carroll University Since 1925

Vol. 87, No. 3

Bohannon still standing

Emily Gaffney
Campus Editor

What used to be the Bohannon Science Center has stood vacant between the Boler School of Business and the Dolan Center for Science and Technology since January 2009.

The building will possibly be demolished and in its place a surface parking lot and additional green space will be constructed in the next year or two, according to Carol Dietz, associate vice president of facilities. The parking lot will replace parking that was lost to the Hamlin Quad restoration this semester.

According to JCU President the Rev. Robert Niehoff, S.J., studies done on campus by an architectural firm four years ago concluded that more parking could be utilized by demolishing Bohannon than was in the Temporary Lot.

Niehoff said ideally Bohannon should have been taken down before the Hamlin Quad was restored. However, that was impossible due to financial reasons.

"Taking Bohannon down is a multi-million dollar project and I had to raise the money to do that," Niehoff said.

The project has been in limbo while funds are raised to finance it. Dietz said the estimated cost of the entire undertaking is \$2-2.5 million and includes design and study fees. Funds will not be taken from JCU's operating budget or students' tuition; it will be entirely funded by donations to the University.

"We've raised most of the money to do this project, but we can't begin until after graduation next year," Niehoff said.

The project cannot begin until after graduation due to events, such as alumni weekend and commencement, which will be taking place on campus next spring.

The project is also pending on obtaining a permit from University Heights.

In the meantime, the building is in the process of being entirely cleared out. Remaining furniture and equipment in Bohannon is being removed this week.

According to Richard Bretz, director of construction, metal materials are being shredded and recycled and all wood is being converted into mulch.

Before this, University departments were able to remove what they wished to keep. The University also held employee sales to dispose of items. Materials not disposed of by the sale were either scrapped or recycled.

Dietz said, "Some equipment and building materials are being converted to scrap. We are trying to divert as much as we can from the landfills."

Over the next few months, Bohannon's interior will be demolished and after that the

Please see, BOHANNON, p. 3

Niehoff stops by SU

Dan Cooney
Campus Editor

The Rev. Robert Niehoff, S.J., president of John Carroll University, addressed student senators and an audience of one student and a few administrators at the weekly Student Union meeting on Tuesday, Sept. 21. Issues discussed during the question-and-answer session were plans for the former Bohannon Science Center, parking on campus, the University's relationship with University Heights, sustainability, spending and diversity.

Niehoff said alumni donors were disappointed that the green space on campus had decreased and wanted the temporary parking lot to go. The University determined that with student, faculty and staff numbers down in recent years, they could afford to restore Hamlin Quad to a green space. The temporary parking lot was turned back into a quad during this past summer.

"We haven't been maxed out in parking at all during my time at John Carroll," Niehoff said. "Before that,

Please see, NIEHOFF, p. 2

1966

Ground broke for Bohannon
Science Center

1968

Building completed
(estimated cost totaling \$5
million)

2003

Academic departments are
moved out of Bohannon

2009

Building is officially closed

2010

Everything is cleared out
of interior

2011

Goal is to finish
demolishing building and
have new parking lot by
fall

Promised program becomes a reality



Photo by Kaitlin Gill

The Coburn Bicycle Co-op, named in honor of JCU former professor Miles Coburn, provides bikes for students to borrow.

Brenna Dimmig
The Carroll News

Sept. 17 marked the ribbon-cutting ceremony for the Coburn Bicycle Co-op. Along with University Heights Mayor Susan Infeld, members of the John Carroll community gathered in the Lombardo Student Center for the ceremony.

The vision of late Professor Miles Coburn of the biology department has become a reality thanks to the dedication of JCU's Environmental Issues Group (EIG) and members of the University Heights community. Coburn, an environmentalist and dedicated cyclist, was killed in a biking accident during the summer of 2008.

Please see, BIKES, p. 3

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Inside this issue

Battling cancer with the
kick of a ball, p. 5

The Afghan people go to
the polls, p. 11



Campus Briefs

County Executive candidates to debate at JCU

Candidates for the office of Cuyahoga County Executive will be debating Sept. 27 from 7-8 p.m. in Donahue Auditorium in the Dolan Science Center.

Cuyahoga County Executive is a new position that will be the pinnacle for regional leadership. This event is open and free to the public.

The event is sponsored by the John Carroll Conservatives, college democrats and the department of political science. For more information contact Dora Pruce, director of government and community relations, by e-mail at dpruce@jcu.edu or by phone at 216-397-4565.

Repaving begins in front of Kulas

The paving stone walkway which surrounds three sides of Kulas Auditorium and the front walkway of the Administration Building is gated off due to construction.

The public walkways are closed due to repaving, waterproofing and tuck pointing repairs.

The project is set to be completed by Nov. 15.

For more information contact Rich Bretz, director of construction, by e-mailing him at rbretz@jcu.edu.

Psychology club brings speaker to JCU

Bridget Murphy of the National Alliance on Mental Illness will speak in Dolan Science Center East 324 at 5 p.m. today.

She will speak on the effects of mental illnesses.

For more information on the speaker contact psychology club president Ryan Marek at rmarek11@jcu.edu.

Niehoff discusses campus issues at SU meeting

From NIEHOFF, p. 1

we were maxed out all the time."

Negotiations between the University and Target had been ongoing for a few years because space existed in their parking garage.

"If I had the option between parking in the garage and parking outside on a snowy day, I would consider the garage," Niehoff said.

Ideally, Niehoff explained, Bohannon should have been taken down first before Hamlin Quad was restored. However, that was impossible due to financial reasons.

"Taking Bohannon down is a multi-million dollar project and I had to raise the money to do that," Niehoff said.

Four years ago, an architectural firm came to campus for consultation. The firm told the University by demolishing Bohannon, they would get more parking out of the space than in the temporary lot.

In order to demolish Bohannon, the University must obtain a permit through University Heights first and disassemble the inside of the building.

"We've raised most of the money to do this project, but we can't begin until after graduation next year [2011]," Niehoff said.

After the graduation and alumni reunion event next summer, the building will be taken down and parking will be put in on the site. According to Niehoff, most of the \$3.5 million needed for the project has been raised. His goal is to have the building taken down and new parking in place by the fall of 2011.

Intramural fields are also planned for Milford Road near the Carroll Blvd. gate to campus. The University also needs permission from University Heights to put the fields in place, which will require the demolition of houses near that corner.

"If those first five houses are gone, we'll be able to see the [administration building] tower from Warrensville [Center Road]," Niehoff said. "That'd be fabulous for us. University Heights will be more attractive with those houses gone."

Along with the intramural fields, which students at Gesu Catholic School will also use, Niehoff thinks Hamlin Quad will also be large enough to have a soccer field once Bohannon is torn down.

New dean for Arts and Sciences

Niehoff said that in conversations with Jeanne Collieran, the new dean of the College of Arts and Sciences, they discussed that students have the power to control their academic

experience at JCU.

"You are part of the academic programs," he said to the student senators. "You need to be part of the discussions both with the various departments [and] with the dean and others about new majors, new minors [and] the things you would like to see enhanced."

He encouraged Student Union to invite Collieran to a future meeting. Amanda Papa, President of Student Union, said in reply that Collieran is planning to attend an upcoming Senate meeting.

Saving money, reducing tuition

In response to a question about cutting spending to save money, Niehoff said approximately \$10 million has been slashed out of the University's operating budget over the last five years, including a \$4.5 million reduction last year.

"There are fewer staff around. We are doing a few less things than we used to do," he said. "But we spent a great deal of effort trying to make sure that [the students'] educational experience was not diminished by our budget reductions."

The reductions were put in place to reduce tuition, however, Niehoff was quick to mention that JCU gives out more financial aid than most of its peers. Changes in family finances and circumstances can allow for recalculation of a student's financial aid by contacting the financial aid office, he said.

"I wish we could be more generous," Niehoff said. "There are other institutions in Northeast Ohio that are cheaper than us. But, they don't provide the education we do. They don't have the quality of faculty that we do. Students can't finish in four years."

Niehoff welcomes suggestions as to where to cut spending, but also said there have been areas where the University has had to invest more, such as the Counseling Center and in Admissions.

JCU's bout with Univ. Heights

The relationship between JCU and University Heights has not improved, despite the best efforts of Susan Infeld, the City's mayor, according to Niehoff.

"One of my daily headaches is to deal with University Heights, and that hasn't gotten better," Niehoff said. "The mayor is very hopeful and is trying to work with us [to secure a permit to demolish Bohannon]."

JCU owns a duplex at 4070 Carroll Blvd., which it plans to renovate and turn into student housing. Niehoff wanted to begin



Photo by Taylor Horen

John Carroll President, the Rev. Robert Niehoff, S.J., addresses Student Union senators at their meeting, Tuesday, Sept. 21.

renovation work two weeks ago on the property, but University Heights has not issued a building permit yet. He further stated that unlike with the previous owner of the property, the City sent out a building inspector the day after the property was purchased.

"We have to be very careful to follow exactly what the City's regulations are, even though we try to be cooperative [and] respectful," Niehoff said. "I came here naively five years ago thinking that reasonableness and cooperation would be enough. It hasn't [been]."

The University also pays over \$400,000 per year in property taxes to the City, even though it is a tax-exempt non-profit corporation.

"We're very conscious of the fact that John Carroll provides 15 percent of all the income that University Heights receives," Niehoff said. "We're [also] paying property tax on all these properties. That can't go on forever, especially when the property becomes less valuable to us."

Students need to be very thoughtful of their actions, especially where they park, to improve relations with the City, Niehoff said.

"What you can do is exactly what the John Carroll student at their best does," he said to the Senate. "Be respectful, be thoughtful about the choices you make and encourage your friends to do the same."

Niehoff believes more students voting in upcoming local elections would get the attention of the City. He wants students to get more engaged in community issues. He believes the best way to get them involved in these issues is for the University to provide copies of the Sun Press to students. The Sun Press is a weekly newspaper that covers Beachwood, Cleveland Heights, University Heights, and Shaker Heights.

"We need to hold [elected officials] accountable to the positions they take and to whether or not they are serving the entire city," he said.

Diversity and sustainability

Following the report issued by the Diversity Task Force and the task force's town hall meeting last week, Niehoff came away feeling a need for stronger support for all John Carroll students, especially those of color and older students. He also stated the need for diversity in the curriculum and among members of the University's faculty.

"John Carroll will be rolling out a series of things all designed to make us more inclusive and to help support diversity on our campus," Niehoff said. "This is based on the work that the [Diversity] Task Force did [and] the work that other committees have done. I have never heard the level of conversation at this University as serious about making progress in this issue as it is now."

Other universities have established programs where the savings from sustainability projects goes into a general fund for other projects on their campuses. Niehoff said that this is probably occurring already, and if it isn't, it is an option. Funding for sustainability projects has come from alumni gifts, which have increased over the past two years. Niehoff said he targets the alumni gifts for sustainability projects.

Student Union Executive Vice President Rita Rochford said it was important for Niehoff to come to the meeting.

"It is important that Fr. Niehoff attend an occasional Student Union meeting because it shows his commitment to student concerns while also providing the Student Union and student body with accurate, direct information regarding major issues," she said.

Even though only one student attended the meeting, Rochford understands the busy schedule of students.

"It would have been great if we would have had more students in attendance, but at the same the life of a John Carroll student is a busy one," she said.

Campus Safety Log



September 14, 2010

Criminal mischief was reported at 1:23 a.m. in Murphy Hall.

September 15, 2010

Breaking and entering and theft was reported at 1:13 p.m. in the Student Activities Office.

September 14, 2010

Possession of drugs, drug paraphernalia and criminal mischief was documented at 4:12 a.m. in Hamlin Hall.

September 17, 2010

Theft was reported in Campion Hall at 12:08 p.m.

September 14, 2010

Underage consumption was documented in Campion Hall at 7 a.m.

September 17, 2010

Criminal trespassing was reported at 3:30 p.m. in Dolan Hall.

These incidents are taken from the files of Campus Safety Services, located in the lower level of the Lombardo Student Center. For more information contact x1615.

John Carroll appeals UH’s motion regarding ROTC house

JCU rejects City’s stipulations allowing ROTC offices to be located residentially, files court appeal

Claire Olderman
Staff Writer

John Carroll University, which was hoping to transition one of its properties in University Heights from residential to ROTC offices, recently appealed the City’s motion allowing it to do so. It was certain City stipulations that made JCU reject the offer.

According to Dora Pruce, JCU’s director of government and community relations, the University was fine with restrictions regarding the office’s hours of operation and where the staff could park. However, there were three restrictions with which the University could not agree.

The first disagreeable condition was that the City wanted JCU to not seek tax-exemption status on that property. Second, the City wanted the University’s commitment to not

purchase anymore houses on Carroll Boulevard, Kerwick Road or Hadleigh Road. Third, this was to be the last University Heights house that JCU transitioned from residential living to office space.

“It was the fact that they tied it [the restrictions] all together that was our problem. It’s not that we just dismissed all these things outright. It shouldn’t all be conditional to if we get this permit or not,” said Pruce.

The University Heights City Council passed the motion with restrictions at its Sept. 7 meeting after several residents appealed a decision made by the City’s Board of Zoning Appeals that would have allowed JCU to rezone the property with some of the restrictions applied. The conditions of the BZA included the restrictions on parking, hours of operation and where signs could be placed.

The City had discussed the issue at its Aug. 23 meeting and decided on the additional conditions, but the matter was tabled.

Mayor Susan Infeld said, “The council continued its consideration of the appeal at the Sept. 7 council meeting. There was discussion about the conditions.”

After discussion about the issue, the council voted twice. The first vote was to simply sustain the appeal by the citizens and lost 4-3. The second, which passed 4-3, allowed JCU to transition the property but with the additional conditions from the City.

City Council was unavailable for comment.

According to JCU President, the Rev. Robert Niehoff, S.J., the University has filed a notice of appeal with the Common Pleas Court of Cuyahoga County.

“We need to move forward and can no

longer wait for these kinds of needless delays. We have waited too long already, in deference to and reliance upon the City, all to our detriment. Regarding our long-term plans that we shared with the City over two years ago, we will definitely pursue all of our available and appropriate options,” said Niehoff.

Infeld noted the University’s concerns about the City’s conditional approval for the project.

“The Appeal says that the University believes the imposition of the additional conditions were and are unconstitutional, illegal, arbitrary, capricious, unreasonable, and not supported by the preponderance of reliable, substantial and probative evidence,” said Infeld.

While the matter is waiting to be heard, the project is on hiatus.

From BOHANNON, p. 1

exterior will be taken down.

Once the final approval is given by the University the project will take an estimated three or four months, depending on the time of year in which it is done.

Bohannon has been slowly phased out of use since Dolan was built in 2003. It used to house the science, mathematics and psychology departments. These departments moved into Dolan when it was built, and student groups used the space for offices and storage. However, once John Carroll University purchased the Green Road Annex, Bohannon was vacated.

The University considered other options for the space, but ultimately decided to demolish it.

“Some studies were done to evaluate the cost of renovation but ultimately the building was too energy inefficient and the university did not need the additional space,”

said Dietz.

Other proposed possibilities for the space included a conference center, general-use building and residential building.

“None of these options proved worthy based on the cost of the renovations applied to each. The structure has a very strong foundation as well as being very stable, however the carbon foot print and lack of floor to ceiling height limited the way it could be used,” said Bretz.

Also, asbestos was used in building materials in the 1960s when Bohannon was built. Asbestos in the building will be removed by a contractor who is certified to do so.

Certain aspects of the Bohannon demolition are still under consideration including the size of the parking lot, how to treat storm water run-off, and whether to salvage the old greenhouse.

No exact date has been set for Bohannon’s demolition, although Niehoff’s goal is to have new parking in place by the fall of 2011.



Photo by Stephen Baznik

JCU’s goal is to have Bohannon leveled and parking in place by the fall of 2011.

Bikes available to rent thanks to Coburn Bicycle Co-op

From BIKES, p. 1

The University Heights Police Department donated 18 refurbished bicycles to the cause. A grant from the Student Union and funding from Student Affairs and Coburn’s family went into forming the program.

Due to liability issues this project took a lot of time and effort on the part of junior Alex Valigosky, president of JCU’s Environmental Issues Group, and Christopher Shiel, EIG’s faculty adviser.

“It was a long time coming,” Valigosky said. “It sounds like a lot of people are going to be into it on campus. I think it will be big.”

The mission of the Bicycle Co-op is to encourage faculty and students to ride bikes to campus rather than drive. This will cut down on traffic in and around the University. The program also helps reduce the University’s carbon footprint. Mayor Infeld, who cut the ribbon at Friday’s ceremony, took a moment to reflect on the project.

“The Bicycle Co-op program is a wonderful tribute to Dr. Coburn,” she said. “He was someone I knew as a teacher and an avid bicyclist. Miles would be happy to know that there is this program to help encourage

exercise.”

Joe Saffell, a freshman, said, “I think this [program] is a really good idea. I can’t wait to show my JCU pride riding around campus. Plus, it’s good for the environment.”

The program is supervised by EIG and worked by volunteers. Those who dedicate their time to the cause help maintain the upkeep of the bicycles.

Ryan Stargell, a volunteer for the Co-op, said, “I love bikes in general. Having the opportunity to work on bikes is really fun. If I can help others to start riding too, that would be really cool.”

Bicycles will be available for students and faculty members to rent free of charge. Helmets, locks and bicycles are available to be checked out from 11 a.m. to 1 p.m. each day outside the entrance to the Johnson Natatorium, near the Rec Desk. The bicycles can be rented for 24 hours during the week or for the entire weekend.

In order for a student to checkout a bike, he or she must provide his or her Carroll Card and Banner I.D. code. Participants must sign a liability agreement before the bike can be released. The Coburn Bicycle Co-op is not available to alumni or those with a courtesy card or family membership.

“It sounds like a lot of people are going to be into it on campus.”

– Alex Valigosky

President of JCU’s Environmental Issues Group

CAMPUS CALENDAR : SEPT. 23 - SEPT. 29

23	Thursday	24	Friday	25	Saturday	26	Sunday	27	Monday	28	Tuesday	29	Wednesday
The Trippin’ Billies (A Dave Matthew’s tribute band) perform on the Quad from 7- 8 p.m.		Homecoming late night breakfast will feature free food and bingo in Schott Dining Hall from 10:30- 11:30 p.m.		The Homecoming dance will be held at the Rock-n-Roll Hall of Fame from 8-12 p.m.		A Homecoming Mass and breakfast to follow, will be held in St. Francis Chapel at 10 a.m.		“The Ignation Way of Proceeding: Spiritually and Education” presented by Jim Menkhaus in the O’Dea Room from 12- 1 p.m.		The Varsity Volleyball team will play at Case Western Reserve University at 7 p.m.		The American Red Cross and JCU’s department of Military Science sponsor a blood drive in the Murphy Room from 12- 7 p.m.	



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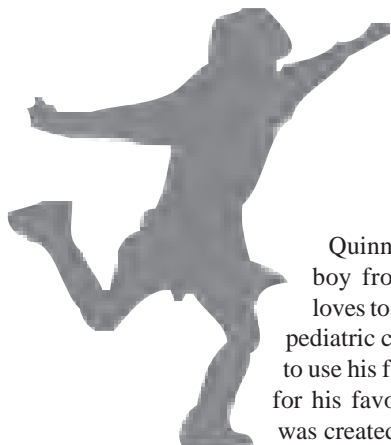
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Rec Plex kicks cancer

John Carroll groups participate in young boy's kickball fundraiser



Clara Richter
The Carroll News

Quinn Clarke, a nine-year-old boy from Chagrin Falls, Ohio, loves to play kickball. He also has pediatric cancer. So, Quinn decided to use his favorite game to fundraise for his favorite cause. Thus Kick-It was created.

Kick-It is a well-known national fundraising effort used to raise money for pediatric cancer. One hundred percent of the fundraising goes toward the Children's Tumor Foundation and Curesearch.

Kick-It is a three-day event coming to John Carroll University. The event begins on Nov. 11 and ends on Nov. 13. JCU students will be able to form teams to collect funding and participate in the tournament.

During the three days, teams will compete in games of kickball. The games will have allotted times and the winner of each game will advance to the next round. The winning team, along with the team that raised the most money will be recognized at the JCU versus Baldwin-Wallace home football game on Nov. 13.

In addition to participating in this game, these teams will present the total funds to Quinn Clarke and the Kick-It Organization.

As incentive to fundraise as much as possible, the team that raises the most money will also get the opportunity to play kickball in the outfield of Progressive Field.

Kristie Maravalli, the head of The Student-Athlete Advisory Committee, is working in collaboration with the intramural department to host this event. Assistant Director of Recreation and acting Director of Recreation Courtney Farver, as well as Assistant Athletic Director Jane Evans are working alongside Maravalli. Intramural Student Supervisor Tym Tagliaferro is collaborating with Maravalli, Farver and Evans to make Kick-It a successful event at JCU.

Maravalli said, "Quinn Clarke approached the athletic department. After only one meeting the Student Athlete Advisory Committee chose to participate and asked the intramural department to collaborate with us."

Maravalli and Farver are currently working to promote Kick-It on campus. In order to better advertise Kick-It, the Student-Athlete Advisory Committee is forming a marketing committee. The Intramural department is using all of its resources to promote the fundraiser.

It will promote Kick-It at various sporting events and throughout homecoming. They will have a table set up in the Atrium for students to approach, ask questions and get involved. Students can find more information about the tournament, forming teams and raising money.

For more information about Quinn Clarke's story or other Kick-It events visit www.kick-it.org.



From <http://www.choosingtoparticipate.org/>

Quinn Clarke, as pictured on Kick-It's website, is to promote his dream.

Sophomore Checkups offer guidance

Second year initiative proves to be informative for returning students

Kaitlin Gill
Campus Spotlight Editor

The Career Center at John Carroll University is currently conducting Sophomore Checkups. This is the second consecutive year these checkups have occurred. The Career Center mailed appointment cards to sophomore students. The checkups last around fifteen minutes. These sessions emphasize the resources available to students at JCU.

Graduate Assistant of the Career Center, Paul Clapp scheduled the checkup meetings between sophomore students and career assistants. There are six career assistants available at the Career Center to conduct checkups. Clapp and his six CA's collaborate year-round on projects to help make students aware of the opportunities that the Career Center offers.

Sophomore checkups with career assistants are not mandatory, but attendance is strongly encouraged. They are not required for other grade levels.

Clapp said, "We have identified the sophomore year as one of the most important times for students. Sophomores are in a unique time because they have a full year under their belts.

They are familiar with school, but still have questions about the resources available to them."

Sophomore Andrew Martin said, "Going into the meeting I thought it could possibly be a waste of time. I felt that since I knew my major and possible career choices that the Career Center could not be of any use."

Even for students certain of their career path, Martin insisted the meeting was surprisingly helpful.

Martin said, "Even though I know my major will be Accountancy, I learned valuable information about the assistance that is offered at John Carroll regarding career opportunities."

Even if students know their intended major or have already declared a major, the checkups will be helpful in further guidance and steps to take for internship and career opportunities.

"The Sophomore Checkup gave me more of an understanding of what the Career Center has to offer. Even as a sophomore I like to know that when it comes time for internships and job opportunities there is a place for help," said Martin.

Clapp said that this meeting is concerned with revealing all the resources available to students.

Clappsaid, "It is our goal to educate the students on a variety of things. It is important for the students to actually step foot in the Career Center because some students don't know where we are located on campus. We talk about four main points with the students, career education (CE) classes,

all the available appointments within the Career Center, Career Connection is explained, we talk about our internship program."

The internship programs consist of classes for which students can receive credit hours.

"These classes can be taken for zero, one, two or three credit hours. The zero credit hour transcript notation is really helpful for students who don't have room to add another credit hour but need college credit. For those students who have internships that require college credit but have a full load, they can sign up for a zero credit transcript notation," said Clapp.

Besides internship classes, the Career Center offers other classes. Students can apply for a maximum of four career education classes. Students who find themselves struggling to find a career path are encouraged to take either Introduction to Careers or Exploring Your Options. There are also introduction courses that aim toward specific majors such as accounting and psychology.

The Sophomore Checkup meetings help students learn to balance college credit hours, as well as internships with a full schedule. The Career Center helps students learn more about their academic goals and how to attain them.

"It was helpful to know that when it comes time to pursue an internship that the Career Center was there for guidance," said Martin.

Clapp points out that students are paying for these services anyway, so why not use them.

"We explain our mission of the Career Center. The fact is students are paying a lot of money to go to school here, and everything we offer is at no charge to the students. We want to make sure we are able to help the students identify what they are passionate about, where they are needed in the world and how they can get there," said Clapp.

The Career Center is there to provide support for the students, to encourage them to utilize the center's resources and services in order to be academically successful.

In reference to how the checkups are helpful, Martin said, "Now when I am trying to land an internship I will know who to contact for direction, since it can be quite competitive to find an opportunity."

According to the Career Center, last year's sophomore checkups were successful. Clapp said, "last year we had over 55 percent of the sophomores attend their checkup, which is a great number when compared to other universities around the country who do similar programs."

The Career Center is available to students for academic resources. These check ups are provided so that students may better know how to set themselves up for success.



Photo taken by Taylor Horen

Career Assistants Doug Hayes and Lauren Bajda run through a trial Sophomore Checkup, which is a main responsibility at the Career Center.

'Bodies' exhibition spotlights anatomy

Jennifer Holton
Arts & Life Editor

Whether students are science majors, anatomy gurus, or just plain interested in the makeup of our human figure, "Bodies... The Exhibition" may be the exhibit to see to learn more about the machines humans inhabit.

Currently residing in downtown Cleveland, the exhibit focusing solely on the human form is one of the 12 showings throughout the country.

Dissected cadavers, individual body parts, and intricate poses are the main attractions of the exhibition, whose central purpose is education through the use of the flayed and plasticized figures.

"With 12 full-body specimens and 250 organs, the exhibit strives to educate visitors of the importance of knowing about and caring for one's body," said Alisa Mahan, education outreach coordinator for the exhibit.

The exhibit allows its visitors to explore the various systems of the body, getting up close to the specimens to view systems, some of

which include the muscular, urinary and reproductive system.

The various bodies located throughout the exhibit come from persons who lived in China and died from natural causes.

"The specimens were dissected and preserved in China, as the Chinese are known to be some of

the best dissectors in the world," said Mahan.

Undergoing the process of "Polymer Preservation," the bodies are first dissected with a chemical to prevent decay and then dismembered to highlight specific organs and systems of the body.

According to Mahan, the tissue is then filled with acetone, and the bodies are placed in a vacuum of silicone. As the acetone gases release from the dried tissue, the silicone replaces the acetone.

Once completed, the bodies

are still bendable, so they can be positioned into the poses one sees when walking through the galleries. "They then go through a hardening process," she said.

In addition to the 12 full body specimens and 250 organs are five human embryos and seven fetuses at differing stages of development.

A side-by-side display of healthy versus smoke-blackened lungs as well as a woman's breast affected by cancer show guests the detrimental effects that can harm one's body.

"It is important to see how miraculous the body is and what can happen to it without proper care and maintenance, considering some of the leading causes of death are preventable," said Mahan.

With a Student I.D. students will be able to purchase a ticket for \$18 to experience the in-depth look into multiple systems of the human body, allowing them to, according to Mahan, grasp a unique experience.

"[Bodies] provides an experience and knowledge that cannot be obtained in the classroom from a textbook or plastic models," she said. "Neither of those, [unlike 'Bodies'] offer the anatomical differences unique to each human body nor do they display disease."

"Bodies...The Exhibition" is located on 4th and Euclid and is scheduled to remain open through the end of October. For more information, visit www.bodiestheexhibition.com/cleveland.

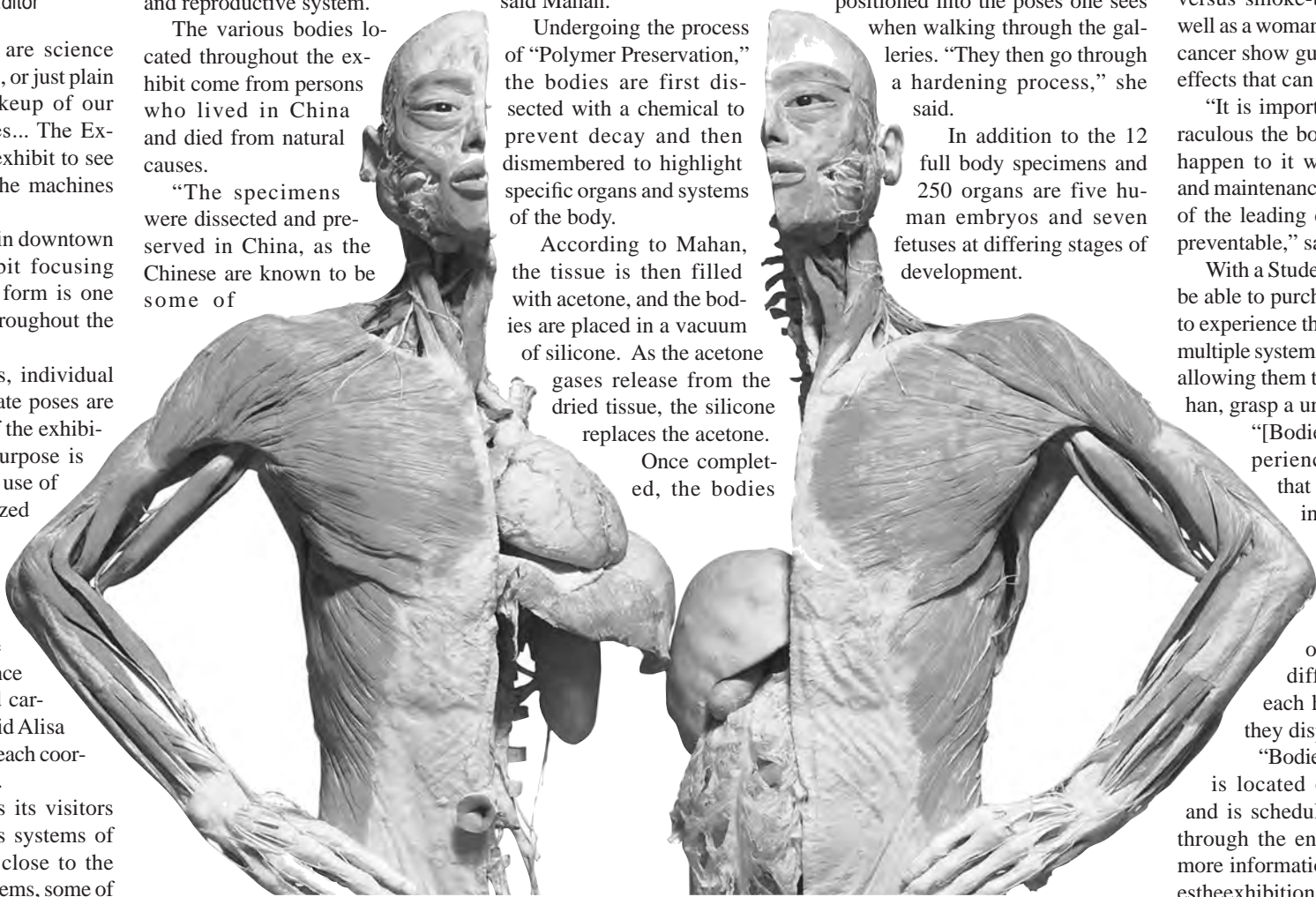


Photo from gigapan.org

Peabody's Downunder

Legendary concert club provides entertainment for Clevelanders

Nichole Hunt
The Carroll News

Located on East 21st street in Cleveland behind the Wolstein Center, The Legendary Peabody's concert club is the perfect venue to spend any night of the week.

Originally opened as one stage back in the 1960s, Peabody's has expanded to three stages, three bars, two floors, and a completely original concert experience.

"Back in the mid-1960s the venue was opened as one stage in the Flats," said owner Chris Zitterbart. "I'd say we officially opened as Peabody's around 1977."

With tickets purchased mostly on the Internet, Zitterbart stressed the advantage of checking out Peabody's website, as it is a great spot to check for free tickets or giveaways for special shows.

With the cost of day-to-day living constantly rising, finding a reasonably priced evening is

sometimes difficult to do. But with concert tickets priced between \$6 and \$29, shows have become cost-effective and nearly impossible to pass up.

Zitterbart also mentioned that shows can "sometimes sell out weeks in advance."

The three types of various stages Peabody's features include the main stage, Pirates Cove, and the Rock Star stage. The main stage is where visitors can find the headliners.

However, Pirates Cove has been home to many local underground punk bands along with some bigger names. The Rock Star stage has been played by names like the Ataris and Wiz Khalifa. This stage also features comedy performances frequently showcased.

All these stages provide what Zitterbart described as "that edgy underground experience" perfect for that up close and personal feel with your favorite performances.

Zitterbart explained that what sets this venue apart from others in the area, is that Peabody's is the perfect size.

According to the owner, it is bigger than most but not so large that it loses its underground feel.

Peabody's also features its own Battle of the Bands for aspiring artists and musicians.

With no entry fee and any band welcome to enter, this recurring Saturday and Sunday event held during the year awards the winner with a grand prize of \$1,000 in cash, \$1,000 in studio time provided by Lava Room recordings and a headlining spot at Peabody's.

If one is already an established band looking for a date to play, Zitterbart suggests calling the booking office, just be sure to know what kind of sound it is you play.



The Legendary Peabody's Cleveland is a hot spot for music aficionados.

Photo from Katie Sheridan

He is proud that Peabody's supports the local bands.

"I think what makes us so important to Cleveland is that we really

are the independent rock club of the rock and roll capital," Zitterbart said. "We're a do-it-yourself business, and proud of it."

Pick-Up Line of the Week



"I wish I were (sin)² and you were (cos)², because together we could be one."

*Submit your own pick-up lines by e-mailing jholton12@jcu.edu.

Celebrity Tweet of the Week



This section is dedicated to honor those Twitter-happy celebrities who take the time out of their busy day to drop us a line or two of wisdom and humor. If there is a celeb tweet you find worthy, e-mail it to jholton12@jcu.edu!

"Jersey Shore" cast member states Vinny Guadagnino his opinion on technology's use creation of automatic public bathroom appliances.

"I hate how bathrooms have automatic soap, sink, and paper towels ... but then you cancel that all out by touching the door handle."

Photo from usmagazine.com

Of Montreal

ALBUM REVIEW

Of Montreal



Noah Lamprecht
The Carroll News

There are plenty of reasons to wish it was still 2004. “Hey! Arnold” was still being aired, there was a thrilling presidential race to ignore, and Of Montreal was still good.

But in the last six years Kevin Barnes has developed a problem. He’s forgotten that there’s a difference between making idiosyncratic, off-the-wall-awesome pop albums and trying to bring back the Bee Gees.

This issue is one that is unfortunately passed off on fans of his band whose 10th studio album, *False Priest*, was released last week.

The 53 minute tour of mediocrity passes with little relief from track one, “I Feel Ya’ Strutter,” to track 13, “You Do Mutilate?”

I now know that Barnes is all sorts of frustrated, though mostly with sex and himself, and that he has turned to a combination of R&B, club rap, and Scissor Sisters b-sides to fill the void.

With lyrics like “I want somebody to frisk me / I want this night to distort me / But I didn’t come here just to see you dancing / No, or to admire your art” from “Like A Tourist” half chanted over a generic beat, my exasperation rises with his.

On “Girl Named Hello” he moans that, “If I treated someone else / The way I treat myself / I’d be in jail” Apparently he can’t stand his band’s new sound either.

All 13 of the songs have, in some

‘False Priest’: 13 tracks of terrible



fashion, undertones of one half of a failed relationship. This would be fine, but gone is the spacey, seemingly night-terror fueled trippiness of vintage Of Montreal.

As philosopher Philip J. Fry once noted, “that dog won’t hunt monsignor.” There is nothing wrong with a common thread or inspiration for an album, but here it just seems like one unending lament about the difficulties of life as Kevin Barnes.

The only true standout is the appropriately chosen single “Coquette, Coquette.” With its twisted vision of putting a lover on a pedestal played out over a stomping back-beat and crunchy guitars, the song reminds me why I liked Of Montreal in the first place.

Unfortunately, I’ve had a falling out with Barnes and company because of the lyrics *False Priest*’s songs contain. The prevailing sound and songwriting of the record are culled from the worst of 70s disco-funk and served up with cover art and liner notes.

The album as a whole sounds like something a little less structured than Barnes sitting down at any of the instruments he plays this time around and winging it.

More often than not the songs contain sections in which Barnes talks, whines, and then builds up to wails about how fed up he is with the topic of each particular track, which is usually some form of sexual frustration.

Duets with Solange Knowles and Janelle Monáe on several songs do nothing to im-

prove the fact that this a CD that is less than marginal.

In an interview over the summer Barnes said that on *False Priest*, “We try to have these moments where you’re really having your mind blown, especially if you’re listening to it on headphones.”

I thought I missed something the first three times through, so I put on my own headphones for three more listens and the only thing that blew my mind was how far Of Montreal has fallen.

My opinions of this record are summed up on the song “Famine Affair”: “I don’t want you anymore / I don’t love you anymore / Go away / Go away / Go away / Go away / You’re a bad thing / A terrible thing.”

Find unique ways to stay fit with JCU fitness classes

Dale Armbruster
The Carroll News

Another school year has started at John Carroll, and once again some students are looking for ways to keep themselves fit.

Many people look for ways to forget about that big test or important meeting coming up later in the day or week.

Also, people look for classes and programs that branch out from machine and cardio work.

This fall, students can participate in many programs that vary from the traditional workout pattern; classes like cycling, power yoga and Pilates.

All classes are paid for primarily by the Student Activity Fee, with some sessions requiring a small fee. Many of the classes are available to members of the community who pre-register, while students are free to attend any sessions.

Where cycling is concerned, according to the LiveStrong Foundation, cycling class is one of the most efficient ways to burn calories and lose weight.

Freshman Kelsey Aerni raved about the effects John Carroll’s cycling class has had on her.

“The combination of strobe lights and music creates a unique environment,” she said. “Steven [the instructor] really knows how to motivate you and get you to work up a sweat.”

Aerni said, “[It is a] difficult but rewarding class.” The hour-long cycling class takes place Monday through Friday in the group fitness studio.

According to WebMD, learning and practicing relaxation techniques like meditation and yoga, for stress management has numerous health benefits, like better sleep and more energy throughout the day.

Also offered in the group fitness studio is a power yoga class.

Stephanie Vondra, a sophomore, said it is a perfect class for someone looking for a challenging yet relaxing experience.

“It was a very tranquil environment, with very calming music to relax to,” said Vondra.

Others found the class helped after just one session. “It definitely helped me,” said sophomore Ben Rossi. “It was difficult, but I felt much more relaxed and flexible after I left the class.”

Seven power yoga sessions are available to students throughout the week at various times to accommodate different school schedules.

Pilates is also offered as a class for students looking for an alternative to power yoga.

“To me, I found it to be a more energetic class as opposed to the relaxing power yoga,” sophomore Jen Morell said. “You work with weights and bands and more physical things than yoga.”

Morell added that while both were rewarding, Pilates

and yoga had two distinct styles that would benefit different people.

In addition to cycling, yoga and Pilates, the group fitness studio offers many other programs for students looking to stay active.

Kickboxing, salsa dancing and Zumba are also offered every week and can be joined at any time. For more information on any of these classes, contact the recreation desk at x1610.

Fall 2010 Fitness Schedule

All classes take place in the Group Fitness Studio unless otherwise noted.

Monday

Cycling: noon – 1 p.m.

Zumba: 6:30 – 7:30 p.m.

Tuesday

Kickboxing: 4 p.m. – 5 p.m.

Power Yoga: 7 p.m. – 8 p.m.

Wednesday

Kickboxing: 4 p.m. – 5 p.m.

Salsa dancing: 7 p.m. – 8:30 p.m.

Thursday

Cycling: 5:15 p.m. – 6:15 p.m.

Power Yoga: 7 p.m. – 8 p.m.

Friday

Cycling: 5:15 p.m. – 6:15 p.m.

Power Yoga: noon – 1 p.m.

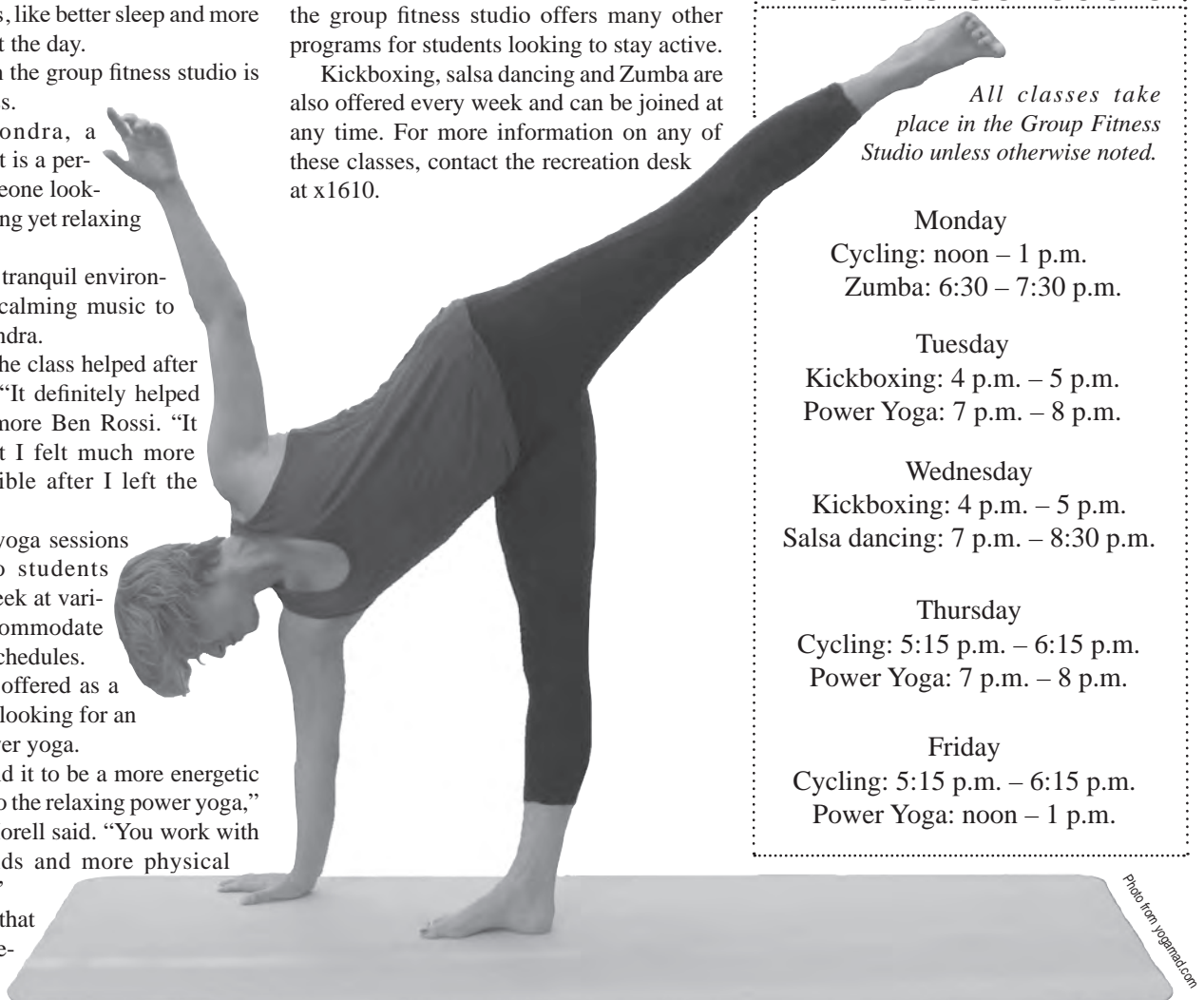


Photo from yoganet.com

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BLUE AND GOLD NEVER GETS OLD! HOMECOMING 2010

WEDNESDAY, SEPTEMBER 22

PUBLICITY BLITZ, 11 a.m. – 1:30 p.m.

D.J. Lombardo Student Center, Schott Atrium and steps

GAME SHOW, 8 p.m., *Kulas Auditorium*

THURSDAY, SEPTEMBER 23

WOMEN'S SOCCER – JCU VS. WOOSTER

7 p.m., *Don Shula Stadium*

Admission is free.

**CONCERT – THE TRIPPIN' BILLIES
(DAVE MATTHEWS TRIBUTE BAND)**

8 p.m., *Kulas Auditorium*

PEP RALLY, 9 p.m., *Atrium Steps*

FRIDAY, SEPTEMBER 24

WOMEN'S SOCCER ALUMNAE GAME

5:30 p.m., *Don Shula Stadium*

Following the game, join us for a reception at O'Reilly's Pub at the Cedar Center Plaza. For more information or to participate, contact Tracy Blasius at tblasius@jcu.edu or 216.397.4527.

BONFIRE, 9:30 p.m., *Quad*

LATE NIGHT BREAKFAST, 11 p.m., *Schott Dining Hall*



For more information, please
contact the Office of Student
Activities at 216.397.4288 or visit
www.jcu.edu/homecoming

SATURDAY, SEPTEMBER 25

FOOTPRINTS FOR FATIMA 5K RUN / 1 MILE WALK

Registration begins at 8 a.m.

1 Mile is at 9:15 a.m.; 5K starts at 9:30 a.m.

South Belvoir Boulevard at Carroll Boulevard

All proceeds will benefit families in Cleveland's Hough neighborhood.

The first 150 runners/walkers receive an official "Footprints" t-shirt.

Awards are given to the top male and female JCU students, FSAs, and alumni. Refreshments and raffle prizes provided! For more information or to register, visit www.jcu.edu/footprints

MEN'S SOCCER – JCU VS. MISERICORDIA

10 a.m., *Don Shula Stadium*. Admission is free.

**BERNET HALL'S 75TH BIRTHDAY PARTY
AND OPEN HOUSE** 11 a.m. – 1 p.m.

This year we celebrate Bernet Hall's 75th birthday! Join us for cake, an open house and tours of JCU's oldest residence hall.

HOMECOMING STREET FAIR

11 a.m. – 2 p.m., *South Belvoir Boulevard*

Join members of the JCU community and enjoy a variety of food, beverages, and games as you soak in the Blue Streak spirit! Visit your favorite student organization's table and support John Carroll Arrupe Scholars in their effort to give 100 families from the Fatima Family Center a week's worth of groceries at Thanksgiving by bringing non-perishable items to the Street Fair to "stuff the bus"!

**VARSITY FOOTBALL GAME
JCU VS. MARIETTA COLLEGE**

2 p.m., *Don Shula Stadium*

Get to your seat 15 minutes before kickoff for the Homecoming King and Queen announcement! Game tickets will be available on a walk-up basis beginning at noon – \$8 reserved seat, \$6 general admission, \$3 sr. citizen/youth or non-OAC student, FREE for JCU/OAC students and FSA with current I.D., and children ages 4 and under.

HALFTIME CEREMONY – Join us as we introduce the 2010 Athletic Hall of Fame inductees.

HOMECOMING DANCE

8 p.m. – Midnight. *Rock and Roll Hall of Fame*

SUNDAY, SEPTEMBER 26

2010 RIDE FOR MILES

9 a.m. – registration; 10 a.m. – start of ride

Join us in supporting the 2010 Ride for Miles in memory of Prof. Miles Coburn '75G. This annual noncompetitive bicycle ride starts at the Dolan Center for Science and Technology and raises funds for the JCU Biology Department's Miles Coburn Environmental Symposium. For more information, visit www.rideformiles.org.

HOMECOMING MASS AND BRUNCH

Alumni, students, faculty, staff, and friends are invited to attend Mass in Saint Francis Chapel followed by brunch.

MASS

10 a.m., *Saint Francis Chapel*

BRUNCH

11 a.m., *D.J. Lombardo Student Center, Schott Dining Hall*
Student meal plan or \$10 per person at the door.

WORLD WIDE WEB



Sean Webster
World News Editor

The only thing we have to fear is irrational fear itself

Ah, the glory days. Back when I was a freshman, JCU’s dining service was top notch. To-go boxes were free. You could use a meal swipe at Einstein’s for breakfast and at the Inn Between for dinner. And in the dining hall, you could grab a tray right when you walked in and put as many plates on it as you wanted.

That all lasted until Barack Obama was elected president...

I’m kidding, of course. But I’m sure Obama must miss his glory days too. He arrived at the White House while riding on a massive amount of popular support. Now his approval rating is less than 50 percent. So where did all his support go?

To be honest, it’s no surprise that Obama’s poll numbers have taken a hit. I think the only president whose poll numbers didn’t go down after two years was William Henry Harrison. (Too soon!)

But what’s alarming is *why* his ratings have gone down.

There are a lot of really good reasons to disagree with Obama’s policies. Maybe you don’t like his stance on taxes, or the economy, or health care, or foreign policy, or all of the above. But unfortunately, the more I talk to people, and the more I read the newspaper, and the more I trove around the dirty basement of the Internet in the comment section of blogs and YouTube videos, the more I realize that what is really hurting Obama’s approval ratings is irrational fear.

You all know what I’m talking about. And if you don’t, you’re probably guilty. Just over this past weekend, for example, a man told me that he honestly believed Obama wanted to reform health care so that, if you couldn’t afford a certain medication or procedure, the government would not let you get it – even if your life depended on it. What was even scarier about this belief was that it came from an educated, upper-class family man.

Here’s another example: a couple weeks ago, one of my friends admitted in innocent, wide-eyed sincerity that he heard Obama wanted to get rid of credit cards and, instead, give everyone a certain amount of money to spend based on their job.

Now I’m sure every president has been affected at least a little bit by the rumor mill, but it seems to be different for Obama. A recent Pew Research Survey found that 12 percent of Americans believe the rumor that Obama is Muslim. A similar percentage believes the rumor that he was not born in the United States.

How is this nation supposed to have a legitimate political conversation when people think the president is a communist Muslim foreigner who wants to kill your grandma?

Here’s the answer: it can’t.

I’m not sure exactly where this fear is stemming from, although I could probably take a couple guesses. But I won’t get into that now. Instead, I want to point out the dangers of a society that lives in fear. Fear fogs the mind, confuses the conscience, and can make a person violate the values that he or she holds most dear. Fear is also reflexive. People fear things they don’t know that much about.

Events from this past summer show that this irrational fear of Obama is oozing into other parts of society. The Arizona immigration law revealed Americans’ fear of immigrants. The overturning of Proposition 8 in California revealed our fear of homosexuals. And the infamous “Ground Zero Mosque” has revealed our fear of Muslims.

But a pretty famous American once said that “the only thing we have to fear is fear itself.”

Contact Sean Webster at
swebster11@jcu.edu



World Briefing



1. Iran says it’s ready to negotiate again

Speaking to a group of U.S. reporters, Iranian President Mahmoud Ahmadinejad, pictured left, warned that if the United States attacked Iran over its nuclear program, it would get entangled in a war that would make previous American conflicts seem small in comparison. However, he also rejected the idea that tensions would ever reach that point. While he denied that the latest round of economic sanctions was hurting Iran, he made it clear that the Iranians were ready to get back to the negotiating table. While Iran insists that its nuclear program is for peaceful purposes only and it is not pursuing a nuclear arsenal, the United States warns that Iran is nearing “nuclear weapons capability” and is preventing inspectors from carrying out comprehensive inspections of its nuclear facilities.



2. North Korea likely to announce new ruler

North Korea announced that the ruling Workers’ Party would hold a major meeting next week, the first such meeting in 30 years. Analysts expect leader Kim Jong-il, pictured left, will formally designate his youngest son, Kim Jong-un, as his heir apparent. While Kim Jong-il, who came to power in 1994 after his father’s death, had years of formal training to prepare him for his role, his son has had no such training and is something of a mystery to the world. Some analysts expected the meeting to be held earlier in the month and suspect the delays to be a result of Kim’s failing health. However, the delay also might be a result of the recent storms and flooding in North Korea, which likely made it difficult for party delegates to travel to the country’s capital where the meeting is to be held.



3. Developing nations will receive clean stoves

Secretary of State Hillary Rodham Clinton announced that the United States will work with the Global Alliance for Clean Cookstoves to provide 100 million clean-burning stoves to villages in Africa, Asia and South America by 2020. Nearly three billion people in the developing world cook their meals on primitive indoor stoves fueled by crop waste, wood, coal and dung, as seen in the picture at left. Every year, according to the United Nations, smoke from these stoves kills 1.9 million people, mostly women and children, from lung and heart diseases and low birth weight. The stoves also contribute to global warming as a result of the millions of tons of soot they spew into the atmosphere and the deforestation caused by cutting down trees to fuel them.



4. Lady Gaga fights ‘don’t ask, don’t tell’

Lady Gaga visited Maine on the eve of a key Senate vote to urge its two senators to help repeal the military’s ‘don’t ask, don’t tell’ policy on gays. Lady Gaga criticized what she called the injustice of having good-hearted gay soldiers kicked out of the military while straight soldiers who harbor hatred toward gays are allowed to fight for their country. However, the next day, the Senate rejected attempts to open a debate on the policy. Opposition came from all senate Republicans and a few Democrats. The vote was a setback for President Barack Obama, who promised to repeal the policy during his presidential campaign. However, Republicans and many in the military fear that it could damage morale at a time when the armed forces are fighting two wars.



5. Israel offers deal in return for captured spy

Israeli officials have offered to extend the temporary moratorium on settlement construction for three months in exchange for the release by the United States of Jonathan Jay Pollard, pictured left. In 1987, Pollard pleaded guilty to spying for Israel and is serving a life sentence in an American jail. The settlement moratorium is due to end on Sept. 26, and Palestinian officials have said they would end peace negotiations if Israeli settlement construction resumes in Palestinian territory. Netanyahu also made Pollard a bargaining point in 1998 in negotiations with Palestinians under the mediation of President Bill Clinton.

– AP images and information
compiled by Sean Webster



Clayton Gansner, 10, of St. Louis, shows his support for the Tea Party during the "Gateway to November" rally hosted by the St. Louis Tea Party and Tea Party Patriots on Sept. 12 at the Gateway Arch in St. Louis.

Tea Party wins big in primaries

Kevin Grande
Staff Reporter

Last week, insurgent Republican Senate candidate Christine O'Donnell narrowly defeated Republican Congressman Mike Castle in the party's Delaware primary. Castle, a former governor of the Delaware and the state's only member in the House of Representatives, was the preferred candidate of party leaders. As a social moderate, his politics were more appealing to a state that was carried by President Barack Obama by 15 percentage points in the 2008 election.

While O'Donnell has never held a political office and has socially conservative views, she was able to capitalize on a trend sweeping through Republican Senate primaries across the country.

Eight incumbent or party endorsed Republican politicians have fell to outsider candidates related to the Tea Party movement. The movement arose out of Republican Congressman Ron Paul's presidential campaign, in which the term was used to describe a fundraiser. Paul's campaign emphasized the virtues of small government and fiscal conservatism, tenants that the Tea Party movement has adopted.

Supporters and candidates that endorse the movement are opposed to Obama's \$787 billion stimulus and want

to repeal his health care package passed earlier this year. They see these statutes as representative of a government that is spending well beyond its means and is hindering individual freedom and free enterprise. As such, they see Washington insiders as complicit in the policies which explode government influence in citizen's daily lives.

This movement has ousted several high profile Republicans including Sen. Arlen Specter, Sen. Robert Bennett and Sen. Lisa Murkowski. Specter switched parties, as did Governor Charlie Crist of Florida, who is now running as an Independent after falling in the polls to Tea Party favorite Marco Rubio in the Republican primary. Bennett and Murkowski, along with party establishment picks in five other states, have lost to primary challengers affiliated with the Tea Party movement.

Larry Schwab, a professor of political science at John Carroll University, points out that the general trend of the party of the President losing seats in midterm elections, the sluggish economy, and that most of these challenges are occurring in states that would likely elect a Republican contribute to lessen the ability of Democrats to portray their opponents as out of the mainstream.

"The important thing is that they are

Republicans," said Schwab. All of these aforementioned characteristics play into the hands of the opposition party.

Despite this, Schwab also points out that a few of these races may have a significant impact on the ability of the Republicans to take back the senate.

"Political commentators like Charlie Cook ... have changed the status of the Senate races in Nevada and Delaware," said Schwab.

Prior to Tea Party candidate Sharron Angle winning the Republican primary, many thought the race would be won by Republicans. Now, however, it's a toss up. Similarly, in Delaware the Democratic candidate, Chris Coons, is favored over O'Donnell whereas Castle was a strong favorite over Coons. The difference in these races could prevent the GOP from gaining the 10 needed seats in the Senate in order to gain control in that body.

While Tea Party candidates have made an impact on the 2010 congressional elections, it is largely tempered by the trends of recent history and the poor economy. The movement has seemed to take hold in predominantly Republican leaning states, but in some states such as Nevada and Delaware is making a critical impact on the elections in those states.

Despite threats, Afghans take to polls

Michael Reiser
Staff Reporter

Afghanistan took another step toward democracy this past weekend with their third major election, but not without violence and reports of mass fraud. However, for the most part, the election went on as planned. According to the Washington Post, 40 percent of the registered population cast their votes, but 17 of the country's 34 provinces reported attacks by insurgents in efforts to disrupt the elections and discourage people to vote. Reports from the Afghan commission chief, Fazal Ahmad Manawi, said that the most common method of fraud was that many voters were able to remove the "unremovable" ink from their fingers in order to vote again.

Earlier in the week, Taliban insurgents had kidnapped a parliamentary candidate and 18 election officials. The Taliban threatened to kill candidates and other workers, as well as cutting off the ink-stained fingers of voters. Afghan President Hamid Karzai attempted to encourage his citizens to "vote from

their hearts." He also commented on the Taliban, saying "they should serve their country and participate." Approximately 400,000 soldiers and policemen were deployed by the Afghan government and NATO. According to the Free and Fair Election Foundation of Afghanistan, the minor elections of the season preceding the ones this weekend, were the most violent since the dismantling of Taliban rule in 2001.

Many efforts were taken to prevent the widespread election fraud of that which has happened in past elections. Workers reported thousands of fraudulent registration cards and ballots even before the election took place. An official of the Independent Election Commission, Zekeria Barakzai, said that the valid "ballot papers have a special code, which cannot easily be falsified." He also commented that the commission "held discussions with security officials about what to do to prevent such falsification from happening. Due to the efforts of the commission, several people were arrested in different provinces of

Afghanistan. The results of the election could take up to six weeks to be properly collected and counted. The presidential election of last year did not have a final result until months after the election.

Despite the threat of violence and reports of fraud, the Afghan people found the positives outweighed the negatives, and still got out and exercised their right to vote. World leaders supported the courage of the people of Afghanistan for participating in the election. The Secretary-General of the UN, Ban Ki-moon, praised the "fully Afghan-led parliamentary elections under extremely difficult circumstances." "I decided to vote for a new candidate," an Afghan man told the Washington Post. "What did the old parliament do? Nothing. I'm going to look at the ballot, find a new name and vote for that person." He went on to tell them that he was threatened on his way to pray at the mosque that morning by two flyers threatening citizens not to vote. He had this to say about the intimidation efforts of the Taliban: "These letters will not scare us."

jcunews.com World News Poll

Should the Bush tax cuts be extended?

Yes, but only for Americans making less than \$250k/year

54% (7 votes)

No

31% (4 votes)

Yes, they should be made permanent

8% (1 vote)

Yes, but only for a few years

8% (1 vote)

THIS WEEK'S QUESTION

Would you vote for a Muslim presidential candidate?

Go online at www.jcunews.com to vote in the poll, and check out the next issue to see the results.

“WORD FOR WORD”

“At this age, I’m not even buying green bananas.”

– Judge Wesley E. Brown of the United States District Court who, at age 103, could become the oldest practicing federal judge in the history of the United States in less than a year.
(The New York Times)

“We can finally announce that the Macondo 252 well is effectively dead.”

– Retired Coast Guard Admiral Thad Allen, who announced that BP had finally sealed the deep-sea well that gushed millions of barrels of oil into the Gulf of Mexico for several months. (Al Jazeera)

“I think we ought to say, ‘Look, don’t go back to the shovel brigade — give us two more years; if you don’t feel better you can throw us all out.’”

– Bill Clinton on what the Democrats’ strategy should be for the upcoming congressional elections.
(The New York Times)

“I’m a little nervous... I’m also scared. But I am peaceful because I’ve got Jesus with me.”

– Teresa Lewis, the first woman to face the death penalty in the United States in five years for conspiring with two men to kill her husband and stepson in 2002. The U.S. Supreme Court refused to halt the execution, scheduled for Sept. 23. (BBC)

“I never in my worst nightmare imagined I would be a prisoner. I never saw it coming. And I never imagined my family would have to suffer like this.”

– Sarah Shourd, the American hiker released from an Iranian prison where she had been held for 410 days. She finally returned to the United States on Sept. 20.
(CNN)

“We want to show the American people we are listening and we believe Washington has run roughshod over the American people.”

– Rep. Jack Kingston (R-Ga.), one of the architects of the Republicans’ long-awaited governing agenda, which will be unveiled on Sept. 23. (Washington Post)

Tim's Turn



Tim Ertle
Sports Editor

I've reached the breaking point

I love the Cleveland Browns. I can't say that enough or with enough enthusiasm. It's sickening how much I love them.

I love them. I love them. I love them. You get the point.

But it's getting to be quite clear that they don't love me back and it's getting old.

Every Sunday it's the same thing. Home games have become a ritual that, when I look at it mapped out on paper, seems tortuous to go through:

Wake up.

Go downtown to tailgate.

Convince myself we can win.

The game starts.

Opponent scores.

Opponents scores again.

I realize we can't win.

Game ends.

We officially don't win.

Then I get mad and go home.

In life, when we do something we don't enjoy, we typically don't do it ever again. At least if we can help it.

As Browns fans, and Bills fans are included here too, we do it to ourselves week after week, year after year.

Heck, we're going on decade after decade.

We never learn, or our love is too strong that we're blinded by the facts.

If you speak up in protest or stop watching, you're then labeled a bandwagon fan.

However, professional football is a business and we, the fans, are consumers. In no other business in the world would a company sell a bad product, and consumers continue to buy, buy and buy.

After Sunday's game, the Browns second loss (of many - I'll go with 13 or 14) of the season, a gentleman I was tailgating with brought up a good point.

He said how he respected people of my generation for our patience. In our lifetime, the Browns (and Bills) have been miserable. Yet, we continue to show support and buy the product that they're putting out on the field.

I thought about that long and hard. Maybe fans should stop going altogether. Some people would say you're a bandwagoner and you aren't a real fan if you don't support your team through thick and thin. But at the current pace, we're acting as stupid consumers.

I've been fortunate enough to bum tickets off friends for quite a few Browns games in a row, but would I buy tickets now? Probably not. I don't want to pay top dollar for a bargain-bin product.

When the product is good, people will come back to watch. That's not being a bandwagoner, that's being smart. If the teams build it, the fans will come.

Contact Tim Ertle at
tertle11@jcu.edu

Volleyball wins six matches in five days

Zach Mentz
The Carroll News

John Carroll University's volleyball team faced a rigorous schedule recently with six matches in five days from Sept. 14 through Sept. 18, but they made their jobs look easy as they won all six matches in impressive fashion.

The first of six wins came on Sept. 14 against Ursuline College at the Tony DeCarlo Varsity Center.

Senior setter Meredith McDiarmid was recognized briefly before the home match as she recently became the Blue Streaks' all-time leader in assists. After the recognition for the lone senior on the team, the Blue Streaks swept the visiting Arrows in three games, winning the match by scores of 25-14, 26-24 and 25-16.

The JCU volleyball team then traveled to Delaware, Ohio the following night on Sept. 15 to square off against Ohio Wesleyan University. They seemed to have no trouble, sweeping the Battling Bishops in three games: 25-11, 25-20 and 25-17.

After a well-deserved day off, the Blue Streaks traveled to Pittsburgh, Pa. to compete in the Carnegie Mellon Crossover Tournament.

On day one of the tournament, JCU swept two more opponents as they defeated Trine University 25-23, 25-17 and 25-14 and the host Carnegie Mellon Tartans 26-24, 25-19 and 25-19.

Sophomore Sarah Slagle had a season-high 18 digs against Trine



Photo by Taylor Horen

The Blue Streaks volleyball team won six matches in five days to improve their record to 12-4 to start the 2010 season. The early season record matches the best record to start a season since the 1994 team.

and sophomore Melanie Rodriguez had 29 digs, one shy of her career-high, against the Tartans.

After clean sweeps on day one, JCU didn't show any signs of letting up as they defeated Allegheny College 25-21, 20-25, 25-16, 24-26 and 15-7 in their first match. Finally, they knocked off Johns Hopkins University 26-24, 27-25, 18-25 and 25-19.

Whereas on day one it was the underclassmen standing out, the veterans highlighted day two.

Against Allegheny College, McDiarmid had an astounding 61 assists, her most in one match since 2007 and junior Kerry Fox had a career-best 23 attacks to contribute

to the victory.

In their final match against Johns Hopkins, McDiarmid had 49 assists and Fox had 18 kills to help the Blue Streaks defeat the Blue Jays in four games.

"This past week has been crazy with the number of games we had," McDiarmid said. "Our games on Tuesday and Wednesday were basically a warm-up for what we were going to see at Carnegie Mellon."

With their recent run, the team has now won eight of their last 10 matches, including six in a row, and the team seems to be playing their best volleyball of the season.

"We have just been playing together as a team and just really

playing one match at a time," head coach Cally Plummer said. "Our main focus was to avenge previous years at Carnegie Mellon. We went 0-4 there last year."

With the recent hot streak, the program is off to the best start since 1994 as they currently have a record of 12-4.

"It's a great feeling. I'm so happy for the players and it's showing that hard work in the spring and summer is paying off," Plummer said. "We have a great group of freshmen, great leadership with Meredith [McDiarmid], Kerry [Fox] and Melanie [Rodriguez], as well as the others. It's really just a great mix that's working so far this season."

Blue Streak men's and women's soccer round-up

Brendan Gulick
Staff Reporter

Women

The John Carroll women's soccer team has one goal in mind: improve upon their semifinal exit in the Ohio Athletic Conference Tournament from a year ago.

The Blue Streaks totaled a 3-8-1 record a year ago in non-conference play before going 6-2-1 to finish the season.

The women are well on their way to improving their first half record after splitting games this week with Case Western Reserve University and Medaille College.

Their current record stands at 3-4, and they are coming off a convincing 4-0 winning effort against the Medaille Mavericks.

The Blue Streaks defense has been so important all year long. In the game against the cross-town rival Spartans, John Carroll's defense did not surrender a goal until the 75th minute. A goal just moments before the end of the game brought the final to 2-0, but the Blue Streaks defense held their heads high and carried that momentum into Saturday's contest.

"This year's defense has gotten stronger every game," said sophomore Amanda Buxton. "The communication and marking have increased our overall play and will keep getting better over time."

All of that hard work was evident early and often in the Blue Streaks bludgeoning of Medaille.

In the third minute of the game, junior Rachel Grdina put JCU ahead with her third goal of the season.

Freshman Jackie Murrer knocked home her first collegiate goal late in the first half to give JCU the commanding edge at the break.

Grdina added her second goal of the night and team-leading fourth of the season just over 10 minutes into the second half, and freshman Nicki Bohrer sealed the win with a goal in the 69th minute.

With the win, the Blue Streaks improved to a perfect 3-0 in home games.

Men

The John Carroll men's soccer team dropped two of three contests this week after starting the year 3-1.

John Carroll holds a 4-3 overall record and they anticipate next Saturday's return home for only the second home game in the friendly confines of Don Shula Stadium this season.

The Blue Streaks lost a 2-0 contest at Hiram College on Sept. 14 and lost a 2-1 matchup against Hope College on Sept. 17 before halting the losing streak at two games with a 2-1 victory over Albion College on Sept. 18.

Only one of the seven games the Blue Streaks have played so far has had a final score decided by more than two goals.

In each of those six games, John Carroll's opponents have not scored more than two goals per contest.



Photo by Brittany Brocklesby

Junior Mari O'Neil, above, and the rest of her teammates didn't allow a shot on goal from Medaille for the first 33 minutes of the second half.

"We have played some great defensive teams this year," said sophomore midfielder Wycliffe Odhiambo. "They have waited for us to attack while trying to score on quick counter-attacks. They did a nice job of that on Tuesday [Hiram] and Friday [Hope], but we adjusted well on Saturday [Albion]."

Odhiambo is coming off of an All-Tournament selection in last week's Clarion Hotel Soccer Classic.

"I am a lot more confident in myself this season. I'm taking my shots and I'm finishing better," he

said. "But I need to be more authoritative. I need to run harder and faster at the defense."

Junior goalie Carl Contrascier has made his presence known this season, too. He has posted a 3-1 record in his four starts this season while also saving 11 shots. Senior forward Jeff Kosek leads the team with three goals, while Odhiambo and senior midfielder Joe Ciacchi have contributed two goals each.

The team will return home for the first time in nearly a month when they host Misericordia University on Saturday at 10 a.m.

Football dropped by Mount Union

Marietta up next for Homecoming game

Dana Funyak
The Carroll News

Whether it's home or away, the ability to pull out a win on the football field against the University of Mount Union, ranked second in the nation by d3football.com, has been a challenge for all programs over the past two decades.

It's no different for the John Carroll Blue Streaks, as Saturday's 51-7 victory gave Mount Union a win over JCU for the 21st consecutive season.

After their most recent meeting, head coach Regis Scafe is looking for ways his team and coaching staff can improve their record which currently sits at 0-2, 0-1 in the Ohio Athletic Conference.

The offense is first on the list.

By turning over the ball six times last week, including three fumbles and three interceptions, JCU's offense is going to be focusing hard on decreasing self-inflicted mistakes.

With Mount Union up 14-0 after one quarter, the Blue Streaks had a chance to cut the deficit in half but fumbled at the three-yard line.

Mount Union gained control in the end zone for a touchback, but more importantly took the momentum right from a Blue Streak offense that needed to capitalize on every opportunity afforded to them.

JCU has been employing a two-quarterback system featuring sophomore Michael Locke and junior Devin O'Brien so far this season.

Both quarterbacks are going to continue to be utilized because of the different talents they bring to the team. Locke is more of a conventional drop-back passer, while O'Brien runs more.

In the loss to Mount Union, Locke threw 20 times while O'Brien, typi-



Photo courtesy of JCU Sports Information Department

Sophomore quarterback Michael Locke, above, and the Blue Streaks will be looking to rebound from two losses on when they host Marietta.

cally operating from under center, threw just three passes but ran 10 times for 17 yards and the team's only touchdown.

"The NFL uses the Wildcat, and O'Brien is that guy," Scafe said of his quarterback rotation.

The defense isn't completely off the hook, either.

Stopping the opponent on third down conversions is a concern.

The Purple Raiders were able to complete 11 of their 14 attempts on third down. The Blue Streaks were just three of 13 on their tries.

The defense was on the field for 77 plays on Saturday, but they did feature a bright spot.

Reaching double figures in only the third game of his career was sophomore Dominique Hopkins with 15 tackles.

Regardless of the high-caliber

athletes Mount Union has, Hopkins prepared himself by studying film and showing no intimidation.

"The best tool for success for me on the field is the hard work the team puts into practice every single day," said Hopkins. "The first thing I'll take is a grain of salt because of the loss, but the game also showed me that despite my 15 tackles, there is always room to get better individually and as a team."

Win or lose, there is always room for improvement, and the Blue Streaks are ready for the next challenge as they take on the Pioneers of Marietta College (1-1, 0-1 OAC) for the Homecoming game on Saturday at Don Shula Stadium.

JCU defeated Marietta 22-0 last year as the defense forced five turnovers and then-freshman Brad Marchese kicked five field goals.

Cross country fares well at Catholic Championships



Photo courtesy of JCU Sports Information Department

Junior Jake Smith, above at the Ric Sayre Invitational, was the first Blue Streak to cross the line at the National Catholic Championships.

Gene Natale
Staff Reporter

The women's cross country team has been in top form to open the 2010 season, and coaches across the region are taking notice.

The Blue Streak women were voted the seventh-best Division III team in the Great Lakes region in the Cross Country Coaches Association rankings last week after opening the season with solid performances at the Sayre Invitational and Sudeck Classic.

"This is just the beginning," head coach Dara Ford said. "We will just continue to improve, and hope to ride the momentum."

The ranking matches John Carroll's highest-ever poll result, a mark that was set by last year's squad just before the NCAA Regional Championships. The JCU women's team won the team title at the Sayre Invitational and placed third overall in the Sudeck Classic.

Over the weekend, both the men's and women's cross country teams competed in the National

Catholic Championships, held on Sept. 17 at the University of Notre Dame. Once again, the women's team showed their mettle, finishing eighth among Division II and III schools participating in the meet.

"It's the pack mentality that will take us far," Ford said.

Sophomore Ashley Aberl led the way for the Blue Streaks, finishing 16th among all Division II and III runners with a time of 19:25. Aberl was followed by senior Kelly Grieve, 43rd in 20:09, and junior Megan Lutz, 46th in 20:14.

The men's team had a solid outing in South Bend as well, finishing 13th out of 25 Division II and III schools.

The team finished the meet with three Blue Streaks placing in the top 100 runners in the division. They were led by junior Jake Smith who finished 31st in the division with a time of 27:16.

Rounding out the top three for the Blue Streaks were freshman Chuck Mule, 47th in 27:30, and sophomore Pat Burns, who crossed 73rd in 27:56.

STREAKS OF THE WEEK

<p>Golf ⚡⚡⚡ Joe Zucker senior</p> <p>Zucker earned medalist honors at the Ohio Athletic Conference Fall Invitational with a 27-hole score of 107. JCU hosted and won the event, held at Fowler's Mill Golf Course in Chesterland.</p>	<p>Soccer ⚡⚡⚡ Rachel Grdina junior</p> <p>For the second time of her career (and second time in a week) Grdina recorded a two-goal game. This time it came in a 4-0 win over Medaille College on Saturday night at Shula Stadium.</p>	<p>Football ⚡⚡⚡ Dominique Hopkins sophomore</p> <p>Hopkins was impressive in the Blue Streaks secondary while seeing his first extended varsity action. He totaled a career-high 15 tackles against Mount Union from his safety spot.</p>	<p>Volleyball ⚡⚡⚡ Kerry Fox junior</p> <p>Fox continues to team up with Meredith McDiarmid to form a splendid duo. The junior outside hitter slammed home a career-high 23 kills in JCU's win over Allegheny at the Carnegie Mellon Crossover.</p>	<p>Cross Country ⚡⚡⚡ Ashley Aberl sophomore</p> <p>At the National Catholic Championships, Aberl finished 16th in a field that was full of Division II and Division III participants. The Blue Streaks took eighth place in the Division II and Division III field.</p>
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The Carroll News

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The first correct responder to the super tough sudoku will receive a \$5 gift card to Panera Bread.
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Name That Toon!

The following picture relates to a popular song. The first person to submit the correct answer will get his/her name and picture in the next CN! Just fill in your guess along with your name and e-mail then drop off your submission at the CN office to win!

LAST ISSUE'S NAME
THAT TOON WINNER



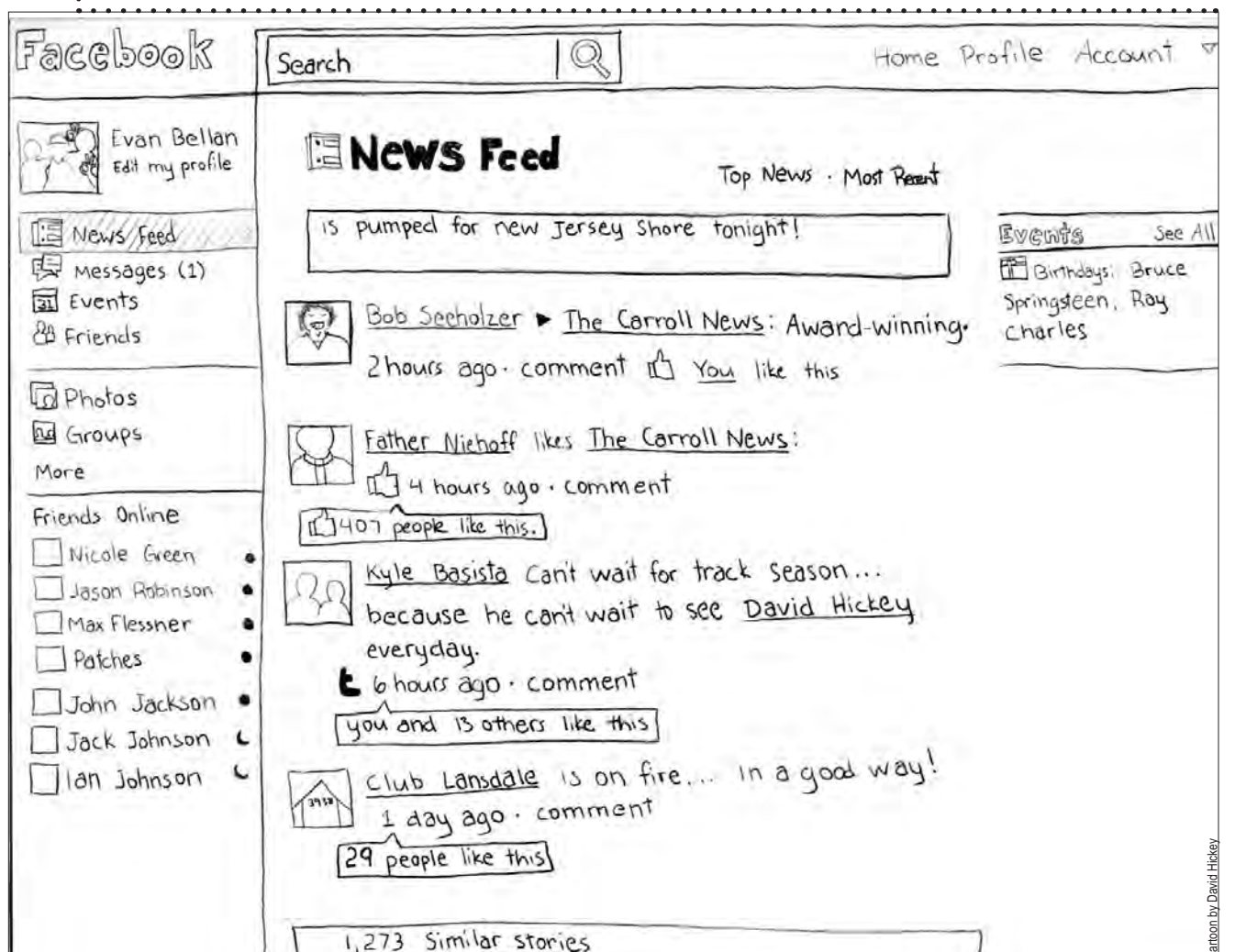
Mary Bridget Mathews

Last issue's
Toon:
"Like a G6"
by Far East
Movement

WHAT THE
TOON DOESN'T SAY
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"Let the time pass 'cause we're
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Editorial

RA training must be consistent

The article in the Sept. 16 issue, "RAs receive inconsistent training," reported several discrepancies in the application processes and training procedures underwent by resident assistants at John Carroll University.

Nine RAs were hired after an e-mail sent to JCU students advertised open positions on July 15, several months after the initial hiring process in February.

The late hires did not have to submit letters of recommendation, as were required during the original hiring process. Further, the RAs and alternatives that were hired in February were required to pass a six-week, one credit hour class last spring. The class served as training to prepare RAs for their positions. Late hires will not take this class until the spring of 2011.

Original and late hires completed a summer training session Aug. 11 – 29.

The late hiring process occurred too soon to the beginning of the school year. All RAs should be hired based on the same rigorous process. The search to fill available RA positions should have started earlier in the summer to allow time to collect letters of recommendation and confirm that all applicants are qualified for the positions.

The late hires entered their RA positions with a significant lack of training hours compared with early hires. These RAs will receive this training when a large portion of the year is complete. The lessons learned in the class will probably have been learned from experience over the course of the first semester.

The differences in training do not necessarily attest to the quality of late or early hires; however, all RAs should undergo the same training in order to ensure that they are equipped with the knowledge to handle their duties. Consistency in the hiring and training processes is a responsibility that the University has to on-campus residents.

If a late hiring process is unavoidable, it should occur early in the summer. The spring training should be replaced by an extended summer training session in which all RAs can participate. These changes will improve the readiness of RAs to tackle the challenges of their positions.

Editorial

Days are numbered for Bohannon

The construction of the Dolan Center for Science and Technology in 2003 made the Bohannon Science Center obsolete on the John Carroll campus.

Over the past seven years, the University has considered many ideas for the use of the space that Bohannon currently occupies. Due to budget constraints and the cost of demolition, the administration has decided to simply replace it with an extra parking lot.

The demolition is set to take place some time within the next two years, but the Rev. Robert Niehoff has expressed his goal to have the location converted into the parking lot by the fall of 2011.

Although there are many factors to consider in this project, and the University has done their due-diligence, they should release a more specific timeline.

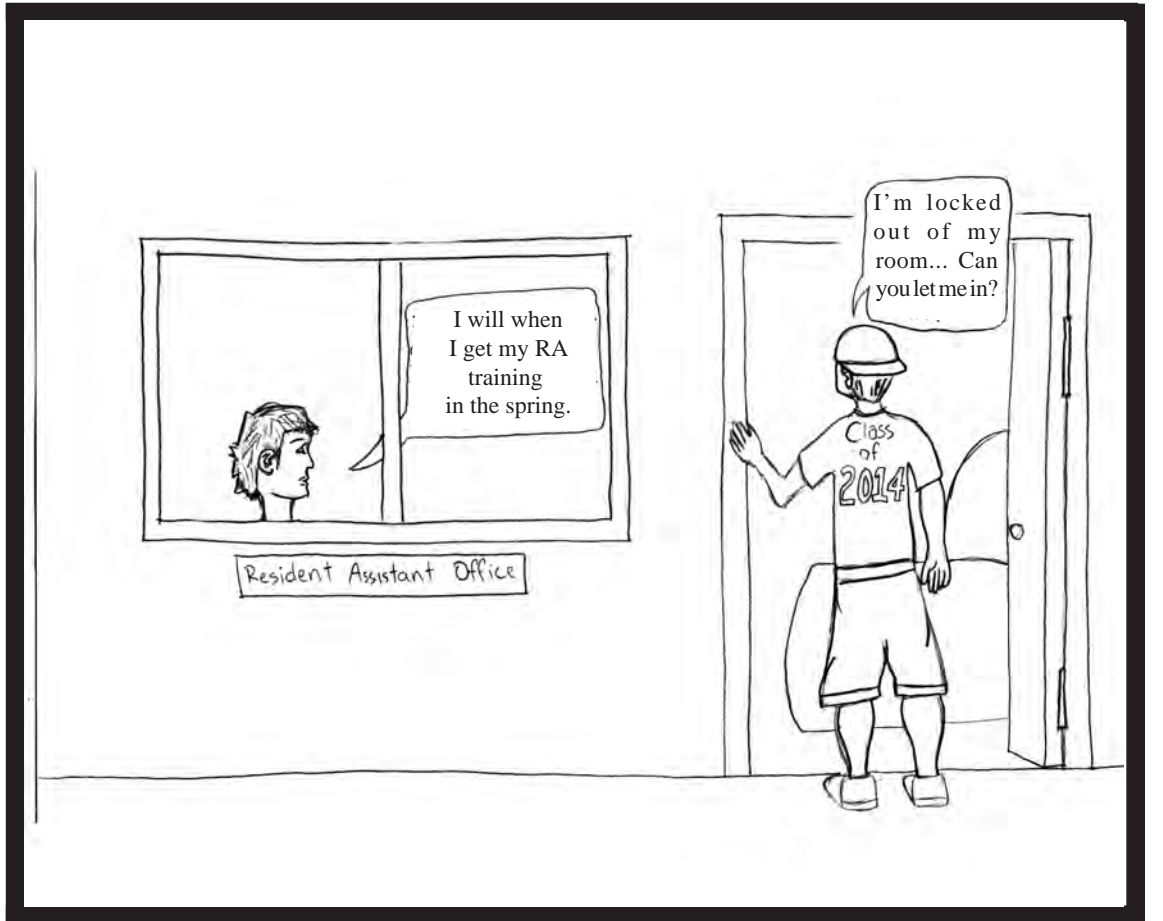
There are currently several logistical obstacles that are delaying the completion of the demolition of the building. Furthermore, the project itself will take approximately three to four months.

Since there are so many factors to consider, such an ambiguous timeline does not hold the University accountable to have this done by a specific date. It has been out of use for several years and has been almost entirely emptied. As it stands, the building is taking up valuable space that could be used for parking.

It is unfortunate that health, cost and other considerations have prevented the space from being used for other purposes. However, since it will definitively be used for parking, the administration should release a date of completion so that the University community can plan accordingly.

With the greening of the Hamlin Quad, there is a heightened concern for the parking on campus. If the students knew when more parking would become available, less complaints would be brought to the administration for the conversion of the quad, and students would feel more comfortable as a whole.

The lack of specifics about this project should be addressed in order to hold the University to their projected dates.



Cartoon by David Hickey

NOTABLE QUOTABLE



“Now is not the time to take it down a notch. Now is the time for all good men to freak out for freedom.”

-Stephen Colbert, comedian, on "The Colbert Report"

HIT & miss

Hit: Homecoming this weekend

miss: JCU loses to Mount Union in football last weekend

Hit: It wasn't a shutout **miss:** Summer ends this week

Hit: Pumpkin season arrives **Hit:** Gulf oil spill officially ends

miss: It took about five months for that to happen

Hit: Footprints for Fatima and Ride for Miles this weekend

Hit: The Rev. Niehoff addressed the demolition of Bohannon

miss(ing): An actual date **miss:** Browns lose again

miss(ing): Touchdowns **Hit:** The CN receives a letter to the editor

miss: It was anonymous **Hit:** Coburn Bicycle Co-op gets started

miss: The check-out is only available from 11 a.m. to 1 p.m.

Hit/miss: Construction outside of AD

Hit: "Glee" returns

e-mail your hits & misses to jcunews@gmail.com

The Carroll News

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OURVIEW

A farmer's life is not a life for me



Dan Cooney
Campus Editor

"Danny, you should probably start looking for a job."

Gee, thanks Mom.

In the back of my mind all through Christmas break last year, I knew that I should probably start looking for some type of summer employment. After all, I was going to be broke by May because school tuition had dried up my bank account.

So I began my quest using my connections back home.

Originally, I thought connections would help me in getting a cushy summer job – like working as a paid intern at a law firm. I actually did get a job as an intern at a law firm, but the job was for experience only, not pay.

"Well, that alone isn't going to work. Keep looking."

I know, Dad.

Luckily, I had other connections in another, completely different field of work – literally. One day a week, I worked in an air-conditioned office in front of a computer, ate at fancy restaurants where the tab was picked up by the law firm, and

learned what lawyers do. The other days – I saw farm fields filled with corn, strawberries and other yummy produce.

My paying job was at a family-owned farm and country store that sold flowers and trees, garden supplies, baked goods, candy and other goodies. But they were more well-known for their fresh homegrown produce.

The business, along with its main store and farm, sets up three satellite locations in different parts of town. College students man the stands by setting up the produce displays, handling the money, re-stocking the displays with fresh produce when our truck from the farm came, dealing with customers, and talking up how good the locally-grown fruit and vegetables were.

To some people, this job may not seem hard. However, for someone whose previous place of employment was a church office, this was a bit of a challenge. As a result, I learned a lot over the summer.

Being friendly and attentive to customers' needs is crucial. They decide, based on the impression you give, if they should just drive down the road to Giant Eagle to buy their produce. An elderly customer once asked me to help her shuck the five dozen corn she had just bought. I took some flak from my co-workers for doing that, but I thought it was necessary to make sure customers kept coming back.

However, a balance exists between the phrases "the customer is always right" and "we employees know better." Elderly customers usually gave us employees fits about the "soft" tomatoes. "Ma'am, if you wouldn't put a death grip on that tomato, it wouldn't be so soft." I had a few customers tell me they needed perfect strawberries. Unfortunately for them, produce was grown to taste good, not necessarily look good. That revelation didn't seem to phase their displeasure.

I realized how important it was to know a foreign language. Every morning, I greeted one of my Hispanic coworkers with "¡Buenos días, Señor!" On the few occasions I worked at the main store, I could relay the instructions I received from my superiors in semi-perfect Spanish to my coworkers. Being able to speak their language made them come to like me; I could be counted on to help translate.

My dad told me that a job like this would give me some motivation to do well in school. He was right – I don't want to be in a position after college where my only options are working on a farm or asking "Do you want fries with that?"

I'm not sure yet if I will go back to the farm next summer. Even if I do or don't, I will always know how to pick out ripe melons.

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Sher it like it is.

Stop contacting me



Katie Sheridan
Editor in Chief

JCU seems to be ahead of the game with finding the latest ways to reach us.

Aside from the text message alert, which I support (except when I get a monthly text notification at 2:14 a.m.), JCU is abusing their ability to contact us. Right now that includes Blackboard, BannerWeb, and OrgSync.

E-mail, a class all on its own, consists of: All-Stus, messages sent in OrgSync, Speedbumps, the church bulletin, Center for Service and Social Action newsletter, the Student Union newsletter, and the Weekend Wowzer. I'm sure there are a few I'm forgetting, but thank goodness The Carroll News is still available in print.

I would hope you agree that it is getting a little out of hand. Therefore, I have chosen only to respond to two. I understand that there are many organizations on this campus and they all need to reach the students, but my electronic world is becoming overpopulated.

Since I'm feeling nice, and JCU probably won't change their system anytime soon, let's choose four. I'll give them two educational resources and two social.

I see the purpose of BannerWeb, although I find it difficult to use and think its features like "what-if analysis" are underutilized. I am a huge fan of Blackboard. Most of my teachers seem to need a refresher course on its capabilities, but when used properly, it can assist in everything from tracking my grades to class discussions. You can also check grades on BannerWeb, but it isn't as clear and often only registers if you're failing (perhaps too little, too late).

OrgSync is the most unnecessary program at JCU. I couldn't find the price on the official website, but

even if we're paying \$5 a year, why was it necessary to purchase this program? I remember when SUPB (yes, before my days of The CN I dabbled in other organizations) used Blackboard as a forum to reach its members.

If OrgSync is the way of the future, maybe I'm too old to care. I know they used it for Homecoming voting, so there must be some beneficial qualities, but I would find it hard to believe that JCU doesn't also have a subscription to Survey Monkey.

So, decision made: BannerWeb and Blackboard. Both should be explored further to see exactly what they have to offer, but are good resources.

As for all of these ridiculous e-mails, we can already rule out messages sent through OrgSync because I'm doing away with the system. I'm a fan of quotes, but I think once a week would do, so let's throw Speedbumps in with the church bulletin. The majority of people reading the church bulletin are also reading the CSSA newsletter, so let's lump those together too. I don't know anyone who reads the SU newsletter, no offense guys. Maybe you should just put something in the All-Stu. The only problem with that is no one reads the All-Stus either.

In case you didn't pick up on it, we're keeping the church bulletin. We do go to a Jesuit institution after all. Surprisingly, my second choice is the All-Stus that no one reads. I picked this because I think if we weren't inundated by other campus e-mail crap we'd be more likely to read them. I'm sure SU can include a link to their newsletter and the Weekend Wowzer.

So that's it. For educational purposes you can reach me on BannerWeb and Blackboard. Social needs can be publicized with the electronic church bulletin and the All-Stu. The rest might as well be sent to the spam folder.

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Wonderword

What does heterodox mean?



"Curvy, not straight."

Chuck Mule,
freshman



"A dock that has two ports."

Gina Bitonte,
senior



"An opposite."

Thor Eriksen,
sophomore

Heterodox: holding unorthodox opinions

That's what See said: Streak up or die, there is no try



Bob Seeholzer
Managing Editor

Being the jaded senior that I am, I often ask myself questions about how on top of their game the student body is.

I hear a lot of students say that they don't read the All-Stu anymore, which means a couple things. One, they should probably rename it to the Some-Stu at this point, and two, is there anybody left who actually does read it?

I can't verify that anyone else

does, but you bet your ass I still do. And it's a damn good thing I do since most people don't read the All-Stu, but they all read my column, so I'm able to pass along any important information.

You're welcome.

Last week the All-Stu had something about a bug problem on campus, and I understand that these bugs, known as midges, can be quite the annoyance.

The midges are everywhere. From the freshman dorms, to the upperclass dorms, to the atrium and even the athletic complex. Their team has a big roster, and they spread the field well.

According to the All-Stu, despite being everywhere, these midges are essentially harmless. They don't pose any real threat, they just kind

of get in the way.

I've done a little research and I found out that these bugs trained all summer to attack Case Western Reserve University in early September. Unfortunately for the midges, Case had a strong defense and the midges were no match for it.

From what I've heard the midges also have catchphrases they use to pump each other up. A popular one for whenever a group of them is together is to yell "Midges House!" Which I guess is how they try to lay claim to a piece of property.

Someone should tell them to claim Shula Stadium.

I think I've heard them go so far as saying "Midge up or die trying." Clearly an ode to 50 Cent, who's probably the toughest guy in the world. Ever.

Actually I take issue with that phrase. How can you say you're going to do something "or die trying" and not do it? Shouldn't you be dead from trying so hard? Or did you not try? Or maybe being useless is how you "midge up." I can't call it. Sounds like a lot of bark, not so much bite.

Speaking of biting, the All-Stu says, "Although midges do not bite, they often occur in large numbers and can be annoying."

The midges haven't become a problem in the cafeteria yet, but could you imagine what it would be like if they did? I'm sure they'd all walk in wearing the same outfit, buzz around the point where you couldn't hear yourself think, and hold up all the lines by thinking their plates of mac and cheese were more

important than the rest of ours.

I mean, I guess you have to look at it from the midges' point of view, though. Clearly they're the most important group of bugs on campus. Sure the mosquitoes come around and enjoy some success during their season, but the midges are the trophy winners of JCU.

Or are they?

The All-Stu also noted that the last time the midges contributed to an athletic achievement (like, I don't know, going above .500) was in October of 2007. For some reason I feel like there's a JCU team suffering from the same dry spell, but I'm sure they will break out of it soon.

By "they" I mean the midges, of course.

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The Op/Ed Top Ten: Athletes with PR problems

1. Ben Roethlisberger
2. Roger Clemens
3. Tiger Woods
4. Tonya Harding
5. Michael Vick
6. Kobe Bryant
7. Michael Phelps
8. Alex Rodriguez
9. Manny Ramirez
10. Braylon Edwards

-Compiled by Brian Bayer and Nicole Green

The Greener Side:



Nicole Green
Editorial & Op/Ed Editor

Lady Gaga showed her support for the repeal of "Don't Ask, Don't Tell" in a YouTube video released Friday. Specifically, Gaga called on several Republican senators, asking them to allow the issue to go to vote.

As a policy, DADT is the problem-solving equivalent of duct tape – a quick fix for when the acting entity is too lazy or cheap to fix something properly or too uninformed to do so.

DADT is a policy based on indecision. Rather than addressing the issue of the right of gay people to serve in the U.S. military, it is a way to circumvent the issue of homosexuality. The military won't ask a soldier to disclose information about sexuality, and soldiers can be gay or lesbian, as long as they keep

it a secret.

A thoughtful discussion about individual freedoms, morality, humanity, national pride and dedication to service was the cost of the policy, which lacked accountability and dismissed concerns on both sides of the debate by requiring everyone to ignore it.

The Senate had a chance to address DADT again on Tuesday.

Unfortunately, a filibuster prevented the necessary conversation and vote about gays in the military from happening once again.

Filibusters exemplify a lack of confidence in one side's ability to make an argument for his or her case. Instead of developing a stronger argument, a filibuster is used to stanch discussion about an issue and avoid voting on it.

An issue is imprisoned without a fair trial, so to speak. Unfortunately, that was the case this week.

In her video, Lady Gaga asked Senators McCain, McConnell, Inhofe, and Sessions to prevent a filibuster and take the issue to vote, making an eloquent argument in favor of repeal.

She also called on her fans to submit their own videos. Several did, and their responses are featured in a follow-up video on her

Gaga gets political

website.

For a woman who built her career on inciting the shock-factor, it is ironic that the most shocking thing about this video is that Lady Gaga looks rather subdued, wearing a tailored, black suit jacket, white button-up and a tie.

In the video, which is in black and white, Lady Gaga is sitting in front of an American Flag delivering her message.

Her costume is that of a trendy businesswoman. It's uninteresting and shows a great deal of savvy. She knows her audience. It seems unlikely that respected politicians would take her seriously in a leotard and meat-slab platform shoes.

Her appeal to Senate Republicans was not enough to persuade them to prevent the filibuster, but the attempt was admirable. She inspired her fans to get involved and generated a lot of good publicity for her cause.

Lady Gaga put her celebrity power to good use last week. She made a poised plea to politicians and her fans, and she was not drunk, sensational or offensive in its delivery.

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The Bayer Necessities: Unnecessary Roughness



Brian Bayer
Editorial & Op/Ed Editor

Five years ago, my mom bought me a Ben Roethlisberger jersey and said, "Go Steelers." She told me to wear it on game days to support the Black and Gold. What she didn't say was, "Here, Bri – take this jersey and emulate Big Ben's moral code." In fact, it would've been strange if she had said that. Why, then, do we hold these athletes to such a high public standard simply because of their media attention?

In my opinion, the primary responsibility of professional athletes should be to train and compete in their respective sports. If they practice hard and play an honest game, they are fulfilling the duties to the public as role models.

The counterpoint argument usually goes something like this: professional athletes are icons in the public domain. Our youth look up to them as the real-life superheroes of our world. Their fans also give them an almost divine degree of reverence. When they engage in immoral or illegal activities, they have let the public down and should not be allowed to participate in their sport.

Before continuing, let me clarify: I do not condone these actions. They are a poor display of morality and ethics and speak volumes to the true lack of principles these individuals have. But in the realm of professional sports, it is not their job to model how to be a good person; it is their job to be the best competitors they can be.

The debate often comes down to the question of whether or not they should be welcomed back

onto their fields or if they should be stricken from the game forever. At this point, I think that it's important to break their actions down into two categories: legal and illegal.

If a person breaks the law, his status as an athlete should not lessen or eliminate the punishment. Whatever their crime, they should serve the maximum sentence if they are proven guilty. It is a bad reflection on the sports organization (NFL, PGA, USA Cycling, etc.) if they overlook a crime simply to gain viewership.

If, however, the individual does not violate the law and the courts find him innocent, there should be no further consideration. The public should trust the opinion of the courts and give the accused the benefit of the doubt.

Another angle I have heard is that these athletes are representatives of their cities. As such, they should be respectful of their city's name and act with dignity.

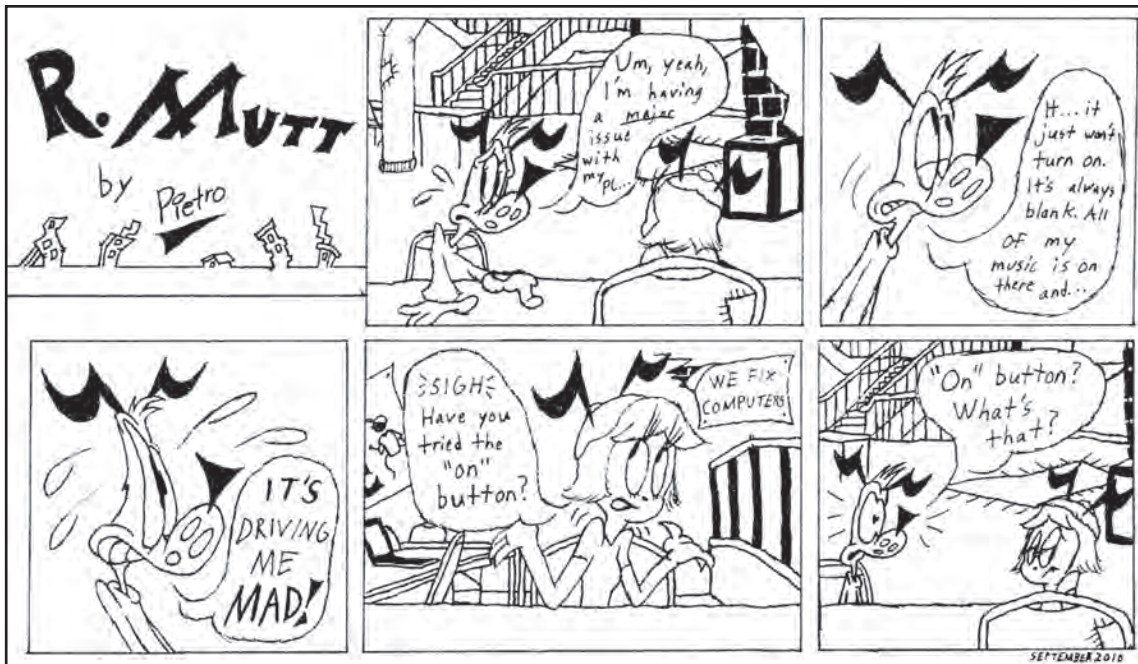
While I understand the thought behind this, I believe that the team as a whole is what represents the city - not the team as a group of individuals, but one collective unit that comes together to compete against other teams.

The media is largely to blame for the attention these athletes receive. They exploit the personal lives of every one involved with the cases. Often times, the media sensationalizes conflicts that should be kept between the individuals involved.

I agree; it would be wonderful if we lived in a world where all public figures acted as role models to their loyal fans. Unfortunately, we don't live in that world, so we should be realistic and recognize that these individuals and will make mistakes. At the end of the day, they are competitors whose main focus should be competing.

And that's the game.

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First Thing's First: By Ashlee Burrs, assistant director of student activities, on behalf of the Xavier-Nichols Programming Team

The "freshman 15" is the idea that first-year students will put on 15 extra pounds during their first year. While this is the most extreme case, the "freshman 15" is not necessarily a myth. Many college students could experience weight gain of close to 15 pounds throughout their four years.

According to a survey administered last year, John Carroll University students are interested in learning about nutrition, physical fitness and sleeping habits. These three topic areas fall right in line with the First Things First philosophy. Eating and sleeping well paired with regular physical activity are great ways to put yourself and your well being first.

When you were in elementary school, they taught you about a nutritional pyramid that diagramed out percentages of what you should be eating to keep healthy. It gave the illusion that one built off of another, which

was not exactly accurate. That pyramid has since been redesigned to give a more accurate description of what we should be following in 2010. The new pyramid focuses on a more horizontal representation and highlights portions.

Many college students probably follow their own nutrition pyramid that includes Easy Mac, Ramen Noodles, pizza and beer. The dining hall has healthy options for students to compensate for the bad food they eat in their own rooms. By planning out your meals and focusing your snacking on healthy choices or moderate portion sizes, the "freshman 15" can be avoided.

Physical fitness and activity are also very important to keeping healthy in college. Regular physical activity not only keeps you in shape, but also keeps your metabolism up so you can have energy and focus throughout the day. As a student, you have access to the Corbo Room and intramural sports, as well as

other programs that the recreation department offers. There are many options on campus to work in your physical activity. Just this week you could participate in Footprints for Fatima or the Ride for Miles.

Sleep is another healthy behavior that is sometimes overlooked by college students. For adults, seven to nine hours are recommended per night. Regular sleep habits help keep you alert for classes and better prepared for healthy behaviors. Creating a regular sleeping schedule can also help. You should also make sure that your last meal is about two or three hours before you go to sleep.

Following some of these simple steps can help to maintain a healthy life while in college. If you implement some of these behaviors into your daily life, they could eventually become habitual and routine, and you will be on your way to staying healthy in college and away from the dreaded "freshman 15."

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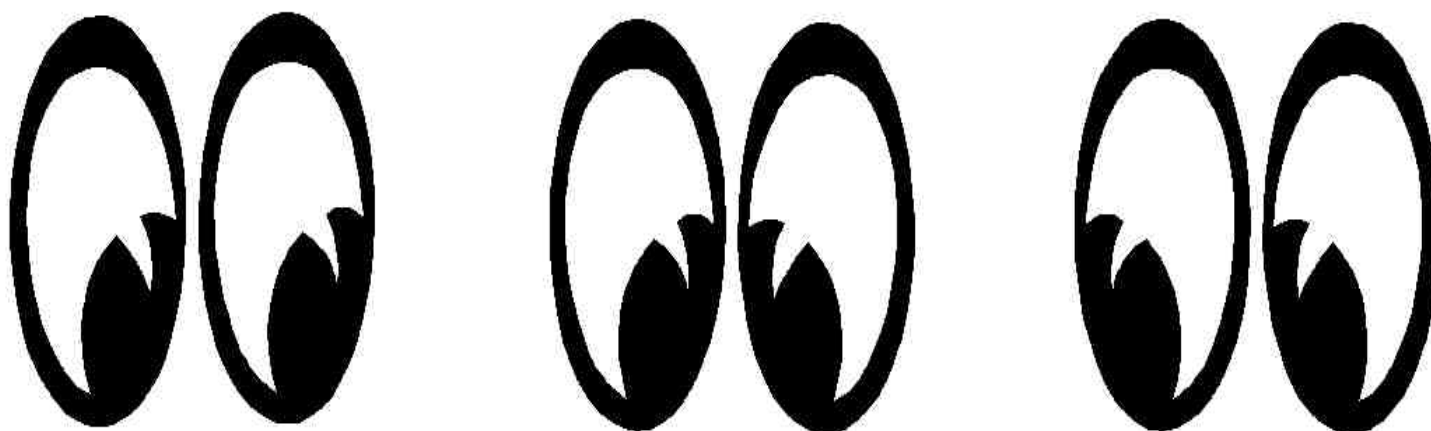
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