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## Anxiety

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**Anxiety**

By: Gabriella Morton

Perfection wraps its hands around my brain,  
Like royal green vines enclosing  
Their deathly tendrils suffocating.  
It electrocutes my heart, an AED  
That sends pulse waves of anxiety  
Through my veins, causing my body  
To shake and silently scream for help  
Through shaking fingers and twitching eyes.

I find it funny how something so detrimental,  
Something so havoc-wreaking and severe,  
Can have the dullest, lamest title,  
“Generalized Anxiety Disorder”.  
I find it funny how this “common” disorder  
Has the power to destroy my body,  
Dissolve my suit of armor, and leave behind  
A tiny, scared child who needs her mother.